





# 2017 WTS MEDIA GUIDE

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## ITU MEDIA CENTRE | MEDIA.TRIATHLON.ORG

ITU's Online Media Centre has been produced to provide a portal for media to quickly gather all relevant information about ITU, its events and athletes. Media Centre services include:

- Latest ITU news and press releases
- Up-to-date results, rankings and race statistics
- Comprehensive athlete profile database
- Rights-free high-resolution photos from all major events
- Full audio from athlete interviews
- Access to broadcast quality race video highlights

For more information, or to register for a Media Centre account, visit media.triathlon.org

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## WELCOME TO THE ITU TRIATHLON WORLD SERIES

Dear Athletes, Coaches and members of the National Federations, Sponsors and Media,

I'd like to welcome you to the 2017 ITU World Triathlon Series. It's hard to believe we are now entering our ninth season, what a journey it has been!

The 2016 ITU triathlon season was one of the most iconic seasons we have ever seen. With two World Champions and two Olympic gold medallists named from four different athletes, from start to finish, it was truly a season to remember.

The women's season was punctuated with breakout after breakout performances by Flora Duffy. The Bermuda star went on to win her island country its first ever elite triathlon World Championship when she kept none other than Olympic Games gold medallist at bay long enough to clinch gold in Cozumel at the Grand Final. The emotion of seeing Duffy make history was not something we will soon forget - much less her having gone on to win both the XTerra and ITU Cross Triathlon World Championship races.

Speaking of Gwen Jorgensen, what a year she had yet again. The American bulldozed through the final two laps of the Rio de Janeiro Olympic course to edge out our 2012 Olympic champion Nicola Spirig for the gold, giving America its first-ever triathlon Olympic victory. Spirig, who became a mother between the Olympic races, hung on for silver in an incredible race.

In the men's racing, it was an unpredictable season full of twists and turns that kept us all guessing. Mario Mola was stunning in his consistency, while both Alistair & Jonathan Brownlee peppered the Series with their dazzling talent. After all, who could forget that incredible moment when Alistair helped his younger brother to the finish line while Mario charged from behind to win his first World Championship title? It was a moment that will stay with us a very long time.

History was made yet again at the Olympics, as Alistair became the first triathlete ever to repeat an Olympic gold performance - and he did it with his brother by his side taking silver. Then Henri Schoeman surprised the world when he held of for bronze, earning South Africa its first Olympic triathlon medal.

Paratriathlon couldn't have enjoyed a more successful debut at Paralympics. Over the two days of races, a total of 10 different nations were represented in 18 possible podium positions, with five of the six gold medals going to different countries. It was humbling to see so many talented athletes have their dreams realized in Rio.

The direction of triathlon continues to grow in the right direction, with participation continuing to increase every year. As we forge ahead with another epic season, I'd like to reiterate ITU's commitment to growing the sport of triathlon to evolving all of our multisports, but always with the athletes being our foremost priority.

We truly believe sport is for all, and this is an important message of the World Triathlon Series as well. We here at ITU look forward to the challenge of continuing to grow the sport in the coming years. To each and every athlete competing this year, I wish you good luck.

Sincerely,

Marisol Casado

President, International Triathlon Union Member of the International Olympic Committee

## **SERIES OVERVIEW**

The ITU World Triathlon Series was introduced in 2009, creating a series of world championship races rather than a single-day world championship. From 2009 until 2011, it was called the Dextro Energy Triathlon ITU World Championship series, but was re-branded in 2012 as the ITU World Triathlon Series. There will be nine rounds in the 2017 season, culminating with the Grand Final in Rotterdam in September. The world's top triathletes will compete head-to-head for rankings points that determine the overall ITU world champion, with media and fans able to watch from everywhere with a live international broadcast feed available from every event.

#### **NEW FOR THE 2017 SEASON**

Two new cities will be added to the docket in 2017 to make it a nine-stop circuit. For the third time, the Series opener will be held in the Middle East with a race slated in Abu Dhabi, United Arab Emirates. However this season, Abu Dhabi will debut a brand new standard-distance course for the elites that has never been raced on before. The second stop will be Gold Coast, but this year will offer up as a sprint distance course. Yokohama will be the third stop. Following Leeds, which will be the fourth stop, the Series will hit the halfway mark before continuing to Hamburg. After the elites compete in Germany, the circuit heads to Canada, where Edmonton will once again offer up a sprint distance race. This year however, after Edmonton the elites will remain in Canada as Montreal joins the Series for the first time. This will be the first time that the Series has hosted two races in the same country. Montreal will host a standard-distance course after it hosted its first World Cup in 2016. The elites will then return back to Europe to compete in Stockholm as the final race before the Grand Final. The 2017 World Triathlon Grand Final will be hosted in Rotterdam, Netherlands. This will be the first time that the Series will be contested in the Netherlands.

## **2017 SEASON SCHEDULE**

7	ABU DHABI, UNITED ARAB EMIRATES	MARCH 3-4
2	GOLD COAST, AUSTRALIA	APRIL 8-9
3	YOKOHAMA, JAPAN	MAY 13-14
4	LEEDS, ENGLAND	JUNE 10-11
5	HAMBURG, GERMANY	JULY 15-16
6	EDMONTON, CANADA	JULY 28-29
7	MONTREAL, CANADA	AUGUST 5-6
8	STOCKHOLM, SWEDEN	AUGUST 26-27
9	ROTTERDAM, THE NETHERLANDS	SEPTEMBER 14



## ITU TRIATHLON HISTORY

The first recorded triathlon took place in San Diego, California. Organised by the San Diego Track & Field **[ 1974 ]** Club. The race consisted of a 5.3-mile run, a 5-mile bike and a 600-yard swim in the bay. 46 athletes finished the race.

> The first Congress of ITU was organised in Avignon, France on April 1. Thirty (30) NFs were in attendance. Four months later on August 6, the inaugural World Championships was held in Avignon France over an "Olympic Distance". More than 800 athletes representing 40 countries participated.

First Duathlon World Championships was held in [ 1990 ] Cathedral City, USA

[ 1989 ]

[ 1991 ]

[ 1994 ]

[ 1997 ]

[ 1998 ]

[ 2000 ]

[ 2004 ]

[ 2009 ]

[ 2010 ]

[ 2011 ]

The ITU Triathlon World Cup Series began, staging 11 races in eight countries.

Triathlon was awarded full Olympic Games medal status by the IOC at its Congress in Paris. France's Isabelle Mouthon-Michellys and Rob Barel of the Netherlands won the first-ever Long Distance Triathlon World Championships.

First Long Distance Duathlon World Championships was held in Zofingen, Switzerland, and the first Winter Triathlon World Championships took place in Mals, Italy.

Aquathlon World Championships were first held, providing the opportunity for athletes who only swam and ran to join the multisport world.

Triathlon made its Olympic debut at the 2000 Sydney Games. Brigitte McMahon (SUI) and Simon Whitfield (CAN) won the sport's first gold medals.

First stand-alone Paratriathlon World Championships was held.

[ 2008 ] Marisol Casado became ITU's second-ever President.

> The ITU World Triathlon Series was created as ITU's top tier race series, staging multiple rounds in iconic cities across the globe.

The sport was officially accepted into the Paralympic Games at the IPC Governing Board meeting in Guangzhou, China.

The discipline first emerged in 1996, but the inaugural ITU Cross Triathlon World Championships were held in 2011 in Extremadura, Spain.

[ 2015 ] ITU has more than 160 affiliated National Federations.

Paratriathlon officially debuted in the Rio de Janeiro [ 2016 ] Paralympic Games.

## THE BASICS

Six of the ITU World Triathlon Series events will be Olympic distance races for the elite competitors. An Olympic-distance triathlon, also referred to as an intermediate- or standarddistance triathlon, combines a 1.5km swim, a 40km bike ride and a 10km run. Every triathlon includes two transitions (swim to bike and bike to run). Elite athletes typically make these transitions in less than 30 seconds. Average finishing times at world championship or a world cup race are around 1 hour and 50 minutes for the elite men and around two hours for the elite women. In 2017, three sprint-distance events have been integrated into the WTS. In Gold Coast, Hamburg and Edmonton, elite athletes will compete at these shorter races (swim 750m, bike 20km and run 5km).

A maximum of 60 men and 60 women may be entered at each World Triathlon Series race, with a maximum of 70 men and women competing in the Grand Final. The ITU World Triathlon Grand Final, which will be held in Cozumel in 2016, and will also host the Under23, Junior, Age-Group, and Paratriathlon. Age Groupers can qualify for Sprint and Standard distance races.

## **PARTNERSHIPS**

## THE COLLABORATIVEFORCES AT WORK

### INTERNATIONAL TRIATHLON UNION

The International Triathlon Union is recognised by the International Olympic Committee (IOC) as the world governing body for the Olympic Sport of Triathlon. ITU is the most influential organisation in the sport and the organiser of the world's premier triathlon events, including the ITU World Triathlon Series & ITU Triathlon World Cup Series. ITU has National Federations in more than 160 countries and its sport development initiatives are fuelling triathlon's extraordinary growth.



### **GLOBAL PARTNER - NTT**

The NTT Group's vision is to create a connected world. We do this by creating technology solutions and services that empower our clients' ambitions globally while contributing to sustainable growth. Our long heritage of delivering value to clients to the highest standard remains core to our values. As one of the world's largest ICT companies, the NTT Group comprises a select group of global technology companies. Our combined global operations generate a total revenue of \$105 billion and we employ 242,000 skilled professionals at over 230 data centers in 88 countries worldwide. We work with over 10,000 clients and 80% of the Fortune Global 100 list. Our global network is supported by offices in every major geographic region, delivering support, service and technical expertise to our clients. And we are continuing to expand our operations and services in the Americas, Europe, the Middle East, Africa, Asia Pacific and Japan.



## **PARTNER - SEL**

SEL Logistics, which has more than 25 years of experience in major events, is providing logistics services for our World Triathlon Series, World Cup, and Paratriathlon events. The delivery of branding from event to event across the world is paramount to the success and awareness of the ITU brand. SEL's integrated services include the drawing up of transport documents, the management of customs clearance, the collection of packaged or unpackaged goods and the final delivery to each of ITU's event delivery partners across the globe. We know we're in good hands with SEL in ensuring consistent, smooth delivery as ITU's Official Supplier.



## **PARTNER - ON SHOES**

On Running is a young Swiss sports company born and based in Zurich. It has one simple mission: make running fun. A team of sports scientists, world-class athletes and designers spearheads this notion. ITU and On Running have come together to take their unique approach to running with a partnership across ITU's Technical Official program and World Triathlon Series Events. This collaboration has seen the ITU Technical Officials and Staff sporting ON's award winning design and technology all over the world – most recently, the ISPO Gold Award for the Best Performance Shoe 2015/16. As On Running continue to grow seven years after market launch, ITU is excited to be an integral part of future developments in the years ahead.



## **PARTNER – LA LIGA**

LaLiga is the organising body of the first and second tiers of Spanish football (Primera Division and Segunda Division respectively). The top flight, currently known as LaLiga Santander, is considered the best domestic club competition on the planet. It is made up of 20 teams, which notably include Real Madrid and FC Barcelona, two of the world's biggest clubs. La Liga is a partner of the ITU Congress.





## **PRIZE MONEY**

Throughout the season, athletes can earn US\$1.48 million dollars with another US\$855,000 available to the top 35 men and women. With nearly US\$2.5 million dollars up for grabs, the WTS remains one of the richest triathlon circuits worldwide.

Finish Place	ITU World Triathlon Series	ITU World Triathlon Series	ITU World Triathlon Series	ITU Triathlon World Cup	Mixed Team
	Events	Grand Final	Bonus Pool	Events	Relay
1	18,000	30,000	83,500	7,500	17,500
2	12,000	22,000	57,300	6,000	14,000
3	8,000	16,000	39,200	4,500	10,500
4	6,000	12,000	26,150	3,000	7,000
5	4,900	9,800	21,250	2,100	5,600
6	4,100	8,000	18,750	1,800	4,900
7	3,400	6,400	16,300	1,500	4,200
8	2,800	5,200	13,750	900	2,800
9	2,300	4,100	12,500	675	2,100
10	1,900	3,500	11,900	525	1,400
11	1,600	2,900	11,300	450	
12	1,400	2,500	10,650	375	
13	1,300	2,200	9,900	300	
14	1,200	2,000	9,150	225	
15	1,100	1,800	8,500	150	
16	1,000	1,600	7,750		
17	1,000	1,400	7,000		
18	1,000	1,300	6,400		
19	1,000	1,200	5,650		
20	1,000	1,100	4,900		
21		1,000	4,250		
22		1,000	3,600		
23		1,000	3,400		
24		1,000	3,350		
25		1,000	3,250		
26			3,200		
27			3,150		
28			3,100		
29			3,000		
30			2,900		
31			2,750		
32			2,600		
33			2,500		
34			2,400		
35			2,250		

## **2017 POINT SYSTEM**

There will be three levels included in the rankings:

- ITU Triathlon World Cup events,
- ITU World Triathlon Series events,
- ITU World Triathlon Grand Final.

The final ranking will be obtained by adding the five top scores from the World Triathlon Series and ITU Triathlon World Cup events, plus the points gained at the Grand Final. Scoring for a season begins immediately after the Grand Final and ends with the following year's Grand Final. Athletes can only score points from a maximum of five events on the same continent, excluding the Grand Final. Points are awarded to the top 50 athletes at the Grand Final; top 40 for World Championship Series events and top 30 for ITU Triathlon World Cup events.

- >> see full breakdown of the ranking criteria here
- >> for up-to-date rankings, click here

Finish Position	ITU World Triathlon Series Grand Final	ITU World Triathlon Series Events	ITU Triathlon World Cup Events
1	1200	800	300
2	1110	740	278
3	1027	685	257
4	950	633	237
5	879	586	220
6	813	542	203
7	752	501	188
8	695	464	174
9	643	429	161
10	595	397	149
11	550	367	138
12	509	339	127
13	471	314	118
14	436	290	109
15	403	269	101
16	373	248	93
17	345	230	86
18	319	213	80
19	295	197	74
20	273	182	68
21	252	168	63
22	233	156	58
23	216	144	54
24	200	133	50
25	185	123	46

Finish	ITU World	ITU World	ITU Triathlon
Position	Triathlon Series Grand Final	Triathlon Series Events	World Cup Events
26	171	114	43
27	158	105	40
28	146	97	37
29	135	90	34
30	125	83	31
31	116	77	-
32	107	71	-
33	99	66	-
34	92	61	-
35	85	56	-
36	78	52	-
37	72	48	-
38	67	44	-
39	62	41	-
40	57	38	-
41	53	-	-
42	49	-	-
43	45	-	-
44	42	-	-
45	39	-	-
46	36	-	-
47	33	-	-
48	30	-	-
49	28	-	-
50	26	-	-



## **LIVE TELEVISION**

ITU, in collaboration with Infront Sports and HBS, will feature live coverage at all nine ITU World Triathlon Series races in 2017. Working alongside the largest public and sports broadcasters in the world, the WTS is the first triathlon series to have international live coverage at all events. With up to 20 camera positions at each event, including boat, motorcycle and helicopter cameras, triathlon fans can catch all the action from any corner of the world. The latest up-to-date broadcast technology will be used to bring the fan closer to the race than ever before. GPS graphics and live timing data will be incorporated into the live broadcast to provide second-by-second updates in real time. In 2017, ITU will produce a total of 19 live broadcasts with each broadcast lasting approximately two hours.

#### TV MAGAZINE SHOW

ITU will produce 15 x 52-minute magazine shows throughout the 2017 ITU World Triathlon Series season. Each magazine show will provide a behind-the-scenes look at what life is like for the world's top triathletes, as well as a fast-paced recap of each event, athlete interviews and other exclusive features. For more information on Live TV and the TV Magazine show, please contact Adam Mason (adam.mason@infrontsports.com).

## **NEWS FEED**

Custom news feeds will be made available, on request, prior to each race via FTP. Immediately following each World Triathlon Series event a three-minute news feed will be made available via satellite or FTP server for international broadcasters. For more information on news please contact Fergus Murray (Fergus.Murray@triathlon.org).

## 2016 BROADCAST FACTS AND FIGURES



#### 19 LIVE

19 live outside broadcasts



#### 15X52' MAG

15 x 52 minute Magazine Shows including 16 World Cups & Olympic Test Event



#### +500M REACH

More than 500 million potential households reached



#### 190 COUNTRIES

Broadcast in over 190 countries in all five Olympic continents

## **MEDIA SERVICES**



## ITU MEDIA CENTRE | media.triathlon.org

ITU's Online Media Centre has been produced to provide a portal for media to quickly gather all relevant information about ITU, its events and athletes. Media Centre services include:

- · Latest ITU news and press releases
- Up-to-date results, rankings and race statistics
- Comprehensive athlete profile database
- Rights-free high-resolution photos from all major events
- · Full audio from athlete interviews
- · Access to broadcast quality race video highlights
- · Start Lists for each race, available for download prior to every event

For more information, or to register for a Media Centre account, visit media.triathlon.org

#### **PHOTOGRAPHY**

ITU employs several award-winning sports photographers to cover every round of the ITU World Triathlon Series. These stunning high-resolution images are available on the AP wire and on the ITU Online Media Centre, free for editorial use.

#### **SOCIAL MEDIA**

Twitter @worldtriathlon, @triathlonlive

facebook facebook.com/worldtriathlon

Periscope @worldtriathlon

Instagram @worldtriathlon

Snapchat @worldtriathlon

YouTube youtube.com/worldtriathlon

### **ITU WEBSITES**

triathlon.org Stay up to date on all of ITU's latest information from the World Triathlon

Series to Multisports to Development news.

WTS.triathlon.org Dedicated to covering all things World Triathlon Series. Find in-depth

stats, race information, start lists, start times and much more.





## **ROUND ONE** ITU WORLD TRIATHLON ABU DHABI

WOMEN'S RACE START	3 MARCH - 3:55pm
MEN's RACE START	4 MARCH – 3:55pm
TOTAL PRIZE MONEY	\$150,000
WEBSITE	abudhabi.triathlon.org
ITU MEDIA CONTACTS (PRINT/WEB)	ERIN GREENE – erin.greene@triathlon.org
LOCAL MEDIA CONTACT	DINA FOUAD - dina.fouad@fasttrackagency.com

#### ABOUT THE RACE

The event will be headquartered in front of the Viceroy Hotel at the Yas Marina, where a spectator-friendly environment including a 1,000-seater grandstand, a bike park, a 'Friends and Family' area, and refreshment kiosks will be offered. The elite event will feature a pontoon start with the top men and women on the ITU World Series rankings competing for line honours in the opening event of the 2017 season. Over the weekend, there are duathlon, sprint, relay, standard and maxi distance events on offer to provide everyone with the perfect challenge. Abu Dhabi has also committed to seeing our great sport grown amongst its youth by organizing kid and youth triathlons.

## **COURSE PROFILE**

Swim (1.5km) Athletes will complete two laps in front of the Viceroy Hotel at the Yas Marina.

Bike (40km) Competitors will begin with two long 10km laps followed by five 4km laps through the

Yas Marina.

Run (10km) The run will consist of four run loops along the Drag strip.

## **MEDIA FACILITIES/SERVICES**

Pre-race press conference

On-site media centre with wireless internet

Photo positions on course

Photo stand at finish area

Mixed Zone for post-race interviews

Race previews and recaps, audio interviews, high-resolution photos at media.triathlon.org

## **PAST RESULTS**

#### **ELITE WOMEN**

#### 2016 ITU WORLD TRIATHLON ABU DHABI

- 1. Jodie Stimpson (GBR)
- 2. Ashleigh Gentle (AUS)
- 3. Helen Jenkins (GBR)

#### 2015 ITU WORLD TRIATHLON ABU DHABI

- 1. Gwen Jorgensen (USA)
- 2. Katie Zaferes (USA)
- 3. Flora Duffy (BER)

#### **ELITE MEN**

- 1. Mario Mola (ESP)
- 2. Richard Murray (RSA)
- 3. Joao Silva (POR)
- 1. Mario Mola (ESP)
- 2. Vincent Luis (FRA)
- 3. Richard Murray (RSA)





#### **ACCOMMODATION**

International and local packages are available for all those taking part in the race, and their friends and family, through our partners at Hala. Package options include an array of outstanding 3, 4 and 5-star hotel options, all located on Yas Island. All hotels have access to an array of world-class restaurants, entertainment attractions, Yas Mall - as well as the full ITU World Triathlon Abu Dhabi (event village, bike racking, start and finish line, and spectator areas).

- 1. Yas Centro
- 2. Crowne Plaza
- 3. Radisson Blu
- 4. Yas Island Rotana

- 5. Park Inn by Radisson
- 6. Yas Viceroy
- 7. Staybridge Suites

### **ABOUT THE CITY**

Abu Dhabi is the capital and the second most populous city of the United Arab Emirates, and also capital of the Emirate of Abu Dhabi, the largest of the UAE's seven emirates. Yas Island offers out of this world attractions, pristine beaches and the warmth of Emirati hospitality on an extraordinary island in the sparkling Arabian Gulf. There are more than 160 restaurants and bars to take your pick from, showcasing the best world cuisine, latest culinary trends and top cooking talent. From Mediterranean to Indian, hearty American to sophisticated Japanese, and everything in between, you will be spoiled for choice of your life.

### **AGE GROUP COMPETITION**

Please check abudhabi.triathlon.org for times.



## **ROUND TWO JEWEL WORLD TRIATHLON GOLD COAST**

WOMEN'S RACE START	8 APRIL – 2:06pm
MEN's RACE START	8 APRIL – 4:06pm
TOTAL PRIZE MONEY	\$150,000
WEBSITE	goldcoast.triathlon.org
ITU MEDIA CONTACTS (PRINT/WEB)	ERIN GREENE – erin.greene@triathlon.org
LOCAL MEDIA CONTACT	tbd

### **ABOUT THE RACE**

Gold Coast served as the first Grand Final World Championship race for the ITU World Triathlon Series when the WTS first began back in 2009. That meant the race was the first World Championships, which saw the world titles won over the course of the season in lieu of a one-day hit out race. With 70km of coastline, the "surfer's paradise" is also the perfect location for a triathlon. The weekend will see not only the elites compete, but also offers three different triathlons for athletes of all ages and abilities to get involved in the sport.

## **COURSE PROFILE**

Swim (750m) Athletes will start at the Broadwater Parklands and will swim one counter-clockwise lap.

Bike (20km) The bike is a four-lap bike flat and technical bike course heading Carey Park and then turning

for a trip through Southport before an out and back loop along Gold Coast Hwy.

Run (5km) The run consists of a two-lap, 5km course that circles around the Aquatic Centre, Anzac

Park and Broadwater Parklands.



## **PAST RESULTS**

#### **ELITE WOMEN ELITE MEN**

#### 2016 ITU WORLD TRIATHLON GOLD COAST

- 1. Helen Jenkins (GBR)
- 2. Gwen Jorgensen (USA)
- 3. Andrea Hewitt (NZL)

- 1. Mario Mola (ESP)
- 2. Fernando Alarza (ESP)
- 3. Jonathan Brownlee (GBR)

#### 2015 ITU WORLD TRIATHLON GOLD COAST

- 1. Gwen Jorgensen (USA)
- 2. Sarah True (USA)
- 3. Katie Zaferes (USA)

- 1. Jonathan Brownlee (GBR)
- 2. Mario Mola (ESP)
- 3. Javier Gomez (ESP)

#### 2009 DEXTRO ENERGY TRIATHLON - ITU WORLD CHAMPIONSHIP **GRAND FINAL GOLD COAST**

- 1. Emma Moffatt (AUS)
- 2. Lisa Norden (SWE)
- 3. Helen Jenkins (GBR)

- 1. Alistair Brownlee (GBR)
- 2. Javier Gomez (ESP)
- 3. Jan Frodeno (GER)



## JEWEL WORLD SERIES, GOLD COAST - SWIM & BIKE COURSE

## **JEWEL WORLD SERIES, GOLD COAST - RUN COURSE**





### **ACCOMMODATION**

Host Hotel: QT Gold Coast.

Walk into QT Gold Coast and be welcomed by an inspiring space where nostalgic surfer chic meets Miami catwalk cool. The hotels 297 spacious guest rooms offer dazzling views of the coast's famous scenery plus all the glamour and style you'd expect from Australia's party playground. QT Gold Coast's bold designer guestrooms feature a range of quirks and nuances ensuring that they feel like a bespoke home away from home. Each room is individually tailored for an unforgettable experience, boasting luxurious QT king beds, balconies, graphica bathrooms, deluxe amenities, iPod dock, 42 inch flat screen and custom-built furnishings. For guests and locals alike, QT Gold Coast is an entertainment destination. The Baja California style Stingray Lounge has become the premier hangout of Gold Coast's 'it' crowd and the unique marketplace style dining at Bazaar is reason enough for many guests to return. The hotel also offers spaQ for 'freshly picked' and personalised spa experiences. Vibrant and eclectic, QT Gold Coast in Surfers Paradise is an easy 35 minute drive to the Gold Coast airport and situated within easy walking distance of shopping, restaurants and nightlife.

## **ABOUT THE CITY**

When it comes to sun-soaked fun, no other destination shines like Australia's Gold Coast. Impressive outdoor venues, ideal weather and a friendly atmosphere make the Gold Coast a natural stage for year-round events. The spectrum ranges from international sporting championships to unique cultural exhibitions. Annual favourites include the Magic Millions Racing Carnival, Blues on Broadbeach Music Festival and the Quiksilver Pro Surfing Championship. Cultural and musical acts can be regularly seen at the Gold Coast Convention Centre and the Gold Coast Arts Centre, while festivals such as the Surfers Paradise Festival, the Gold Coast Film Festival light up the city.



## **ROUND THREE** ITU WORLD TRIATHLON YOKOHAMA

WOMEN'S RACE START	13 MAY - 10:06am
MEN's RACE START	13 MAY – 1:06pm
TOTAL PRIZE MONEY	\$150,000
WEBSITE	yokohama.triathlon.org
ITU MEDIA CONTACTS (PRINT/WEB)	ERIN GREENE – erin.greene@triathlon.org
LOCAL MEDIA CONTACT	KIRIYO SUZUKI – kiri@mri.bigloble.ne.jp

#### ABOUT THE RACE

The ITU World Triathlon Series returns to Yokohama for the eighth time. The Series first appeared in Japan in 2009. The Japanese portal city skipped the 2010 Series, but it reappeared on the WTS calendar in 2011. Due to the devastating earthquake, the event was postponed to later that year with ranking points counting towards to the 2012 season.

## **COURSE PROFILE**

Swim (1.5km) Two-laps for a 1500m swim in the sea near Osambashi pier.

Five, 8km laps that begin and end in Yamashita park. The bike snakes around the giant Bike (40km)

Cosmo Clock 21 Ferris Wheel and Yokohama's waterfront.

Run (10km) Four 2.5km laps around the Kanagawa Prefectural Government Building.

## **MEDIA FACILITIES/SERVICES**

Pre-race press conference

On-site media centre with wireless internet

Photo positions on course

Photo stand at finish area

Mixed Zone for post-race interviews

Race previews and recaps, audio interviews, high-resolution photos at media.triathlon.org

### **PAST RESULTS**

#### ELITE WOMEN ELITE MEN

#### 2016 ITU WORLD TRIATHLON YOKOHAMA

- 1. Gwen Jorgensen (USA)
- 2. Ashleigh Gentle (AUS)
- 3. Ai Ueda (JPN)

- 1. Mario Mola (ESP)
- 2. Crisanto Grajales (MEX)
- 3. Kristian Blummenfelt (NOR)

#### 2015 ITU WORLD TRIATHLON YOKOHAMA

- 1. Gwen Jorgensen (USA)
- 2. Ashleigh Gentle (AUS)
- 3. Emma Moffatt (AUS)

- 1. Javier Gomez (ESP)
- 2. Alistair Brownlee (GBR)
- 3. Mario Mola (ESP)

#### 2014 ITU WORLD TRIATHLON YOKOHAMA

- 1. Gwen Jorgensen (USA)
- 2. Ai Ueda (JPN)
- 3. Agnieszka Jerzyk (POL)

- 1. Javier Gomez (ESP)
- 2. Mario Mola (ESP)
- 3. Richard Murray (RSA)

#### 2013 ITU WORLD TRIATHLON YOKOHAMA

- 1. Gwen Jorgensen (USA)
- 2. Emma Moffatt (AUS)
- 3. Jodie Stimpson (GBR)

- 1. Jonathan Brownlee (GBR)
- 2. Javier Gomez (ESP)
- 3. Joao Silva (POR)

#### 2012 ITU WORLD TRIATHLON YOKOHAMA

- 1. Lisa Norden (SWE)
- 2. Anne Haug (GER)
- 3. Maaike Caelers (NED)

- 1. Joao Silva (POR)
- 2. Javier Gomez (ESP)
- 3. Dmitry Polyanksky (RUS)

#### 2011 DEXTRO ENERGY TRIATHLON ITU WORLD CHAMPIONSHIP YOKOHAMA

- 1. Andrea Hewitt (NZL)
- 2. Emma Moffatt (AUS)
- 3. Kate McIlroy (NZL)

- 1. Joao Silva (POR)
- 2. Alexander Bruykhankov (RUS)
- 3. Dmitry Polyanksky (RUS)

#### 2009 DEXTRO ENERGY TRIATHLON ITU WORLD CHAMPIONSHIP YOKOHAMA

- 1. Lisa Norden (SWE)
- 2. Andrea Hewitt (NZL)
- 3. Juri Ide (JPN)

- 1. Jan Frodeno (GER)
- 2. Kris Gemmell (NZL)
- 3. Javier Gomez (ESP)



#### **ABOUT THE CITY**

As the first harbour city, Yokohama welcomed the world as the entrance to Japan. Since the time its port opened, Yokohama has been vigorously acquiring new cultures and information from foreign countries and introducing Japan to new food and a wide range of cultures, which entitles Yokohama as the birthplace of Japan's modern culture. Yokohama-referred to as "Hamakko" in Japanese-has been cheerful at enjoying life and willing to adopt all things good. Such a tradition of the "Hamakkos" cultivated long ago has been incorporated into the present fashionable and sophisticated streetscape that makes the city unique.

### **ACCOMMODATION**

Host Hotel: Hotel Monterey Yokohama

Conveniently beside Yamashita Park, Hotel Monterey Yokohama offers 170 guestrooms, a restaurant, ballroom and banquet facilities. High-speed Internet access is provided along with direct-dial phones and inroom safes. Near Kanagawa Kenmin Hall, Yokohama Marine Tower, and Yokohama Stadium, this Yokohama hotel is situated in the business district. Additional nearby points of interest include Yokohama Cosmo World.

The Hotel New Grand is located next to the host hotel and offers another option. It is also beside the race venue in Yamashita Park. The Rose Hotel Yokohama and Star Hotel Yokohama are also partner hotels for the race.

### AGE-GROUP COMPETITION

The age-group race in Yokohama is the largest mass-participation triathlon in Japan with over 2,000 athletes competing in 2015. Athletes may complete the 1.5km swim, 40km bike and 10km run individually or in the team relay with two or three people. Paratriathlon will also be contested in Yokohama, marking a crucial milestone for the paratriathlon movement in Japan.

AGE-GROUP RACE START: Please check yokohama.triathlon.org for times.



## **ROUND FOUR COLUMBIA THREADNEEDLE WORLD TRIATHLON LEEDS**

WOMEN'S RACE START	11 JUNE – 1:06PM
MEN's RACE START	11 JUNE – 3:51PM
TOTAL PRIZE MONEY	\$150,000
WEBSITE	leeds.triathlon.org
ITU MEDIA CONTACTS (PRINT/WEB)	ERIN GREENE - erin.greene@triathlon.org
LOCAL MEDIA CONTACT	HELEN GORMAN – helengorman@britishtriathlon.org

## **ABOUT THE RACE**

The inaugural Columbia Threadneedle World Triathlon Leeds in 2016 represented the pinnacle of triathlon competition in the UK, providing recreational triathletes with a once in a lifetime opportunity to compete on the same course as the world's best. More than 5,000 triathletes of all levels of ability will compete on the unique 'point to point' course with two separate transition areas. Starting with an open water swim in the glorious Roundhay Park, the bike leg will see participants complete laps in and around Leeds city centre before completing a testing run course and crossing the finish line in the city centre.

### **COURSE PROFILE**

Swim (1.5km) The swim will take place in the glorious Roundhay Park Lake, located approximately 9km

north of Leeds city centre.

The bike leg will see athletes leave Roundhay Park and head into the city centre to complete Bike (40km)

seven loops, transitioning in Millenium Square.

Run (10km) The run course will take athletes on a city centre loop which will take you past iconic

landmarks such as Town Hall, Millennium Square and The Headrow.

## **MEDIA FACILITIES/SERVICES**

Pre-race press conference

On-site media centre with wireless internet

Photo positions on course

Photo stand at finish area

Mixed Zone for post-race interviews

Race previews and recaps, audio interviews, high-resolution photos at media.triathlon.org

## **PAST RESULTS**

#### **ELITE WOMEN**

#### 2016 ITU WORLD TRIATHLON LEEDS

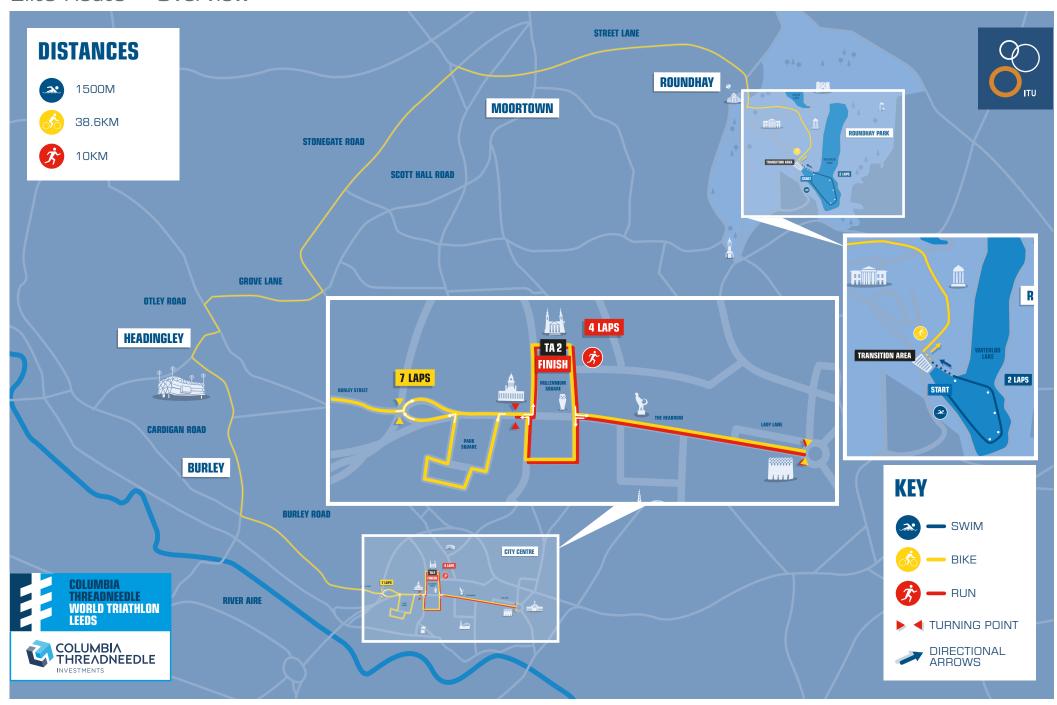
- 1. Gwen Jorgensen (USA)
- 2. Flora Duffy (BER)
- 3. Vicky Holland (GBR)

#### **ELITE MEN**

- 1. Alistair Brownlee (GBR)
- 2. Jonathan Brownlee (GBR)
- 3. Aaron Royle (AUS)



## Elite Route - Overview



### **ACCOMMODATION**

Leeds has a number of excellent city centre hotels, from renowned brands, to upmarket boutiques and budget friendly options, meaning there's a hotel to suit your perfect break. There's also plenty of serviced accommodation in Leeds, giving you the sense of a home away from home, with all the perks of a hotel experience. If you're a fan of trusted global brands, DoubleTree by Hilton, Malmaison, Marriott and Park Plaza all call Leeds home, so there's plenty to choose from with assured quality, space and facilities. The New Ellington, 42 The Calls and Quebecs offer boutique style and personal service, while Quebecs Luxury Apartments, the city's 5\* serviced accommodation, offers luxury with the freedom of your own apartment. Budget options in the city include Premier Inn, Travelodge and Ibis; all of which are conveniently located just short walking distances from the city centre.

Bed and breakfasts are also available and offer the ultimate in warm welcomes, with comfortable surroundings, local hosts and wonderful home cooked breakfasts.

For more information on the types of accommodation available in Leeds and availability, please go to www.visitleeds.co.uk

## **ABOUT THE CITY**

Leeds is a creative, sophisticated and inspiring city in the English county of Yorkshire, renowned for its live music, shopping, world-class events, sport, culture and heritage. Leeds' brilliant mixture of old and new, exciting attractions, fantastic shopping, iconic built heritage and superb entertainment means there's plenty for you to sink your teeth into. The city is a compact one, neatly packaged up and ready for you to explore. With welcoming residents, a multitude of hidden gems and a unique collection of eclectic shops and restaurants it's easy to see why visitors fall in love with Leeds. It's a city that's most definitely top of the 'cool list', one that's reinvented itself as a sophisticated, creative and inspiring destination.

## AGE-GROUP COMPETITION

The age-group race in Leeds is a mass-participation triathlon with thousands of athletes having competed in the inaugural event in 2016. This year, new age-group courses will be revealed with several distances to choose from over the weekend with something for everyone, from the nervous first-timer to top Great Britain age-groupers. Mixed team relays, aquathlon and paratriathlon will also be contested over the weekend.

## **ROUND FIVE** ITU WORLD TRIATHLON HAMBURG

WOMEN'S RACE START	15 JULY - 3:35PM
MEN's RACE START	15 JULY - 5:35PM
MIXED TEAM RELAY	16 JULY – 4:04PM
TOTAL PRIZE MONEY	\$150,000
WEBSITE	hamburg.triathlon.org
ITU MEDIA CONTACTS (PRINT/WEB)	ERIN GREENE - erin.greene@triathlon.org
LOCAL MEDIA CONTACT	DAVID ROTHENHÄUSER – david.rothenhauser@ironman.com

#### ABOUT THE RACE

Hamburg is the longest-standing venue on the ITU World Triathlon Series calendar, having hosted events since 2002, including the 2007 World Championships, but has featured a twist the last four years. In 2012, the event featured a fast and furious sprint race. After such a successful event, the sprint race format returned again in 2013. Not only is Hamburg the oldest event on the WTS schedule, it hosts the world's largest age-group triathlon with more than 10,000 athletes having races last year. The entire city of Hamburg shuts down for the event, which is no easy feat considering it is the second largest city in Germany. This year, Hamburg will also again host the Mixed Team Relay World Championships for the fourth consecutive year.

## COURSE PROFILE - SPRINT DISTANCE

Off a pontoon, athletes dive into an artificial lake within the city limits of Hamburg for a one-Swim (750m) lap swim that exits after swimming through a dark tunnel for 40m.

Bike (20km) Athletes will bike six laps of a 3.33km loop on a flat, technical course that includes eight

sharp turns around downtown Hamburg. Generally flat profile with no noteworthy climbs.

Run (5km) Off the bike, athletes will run two laps of a 2.5km loop on a flat course. There are two 180

degree turns per lap.

## COURSE PROFILE - TRIATHLON MIXED RELAY

Each country will be allowed to enter two relays of four athletes (two men and two women). The teams will compete in the order of female-male-female-male. After each athlete finishes his or her swim-bike-run segment he or she will tag the next athlete in the relay to make the exchange.

## MEDIA FACILITIES/SERVICES

Pre-race press conference

On-site media centre

Photo positions on course

Photo stand at finish area

Mixed Zone for post-race interviews

Race previews and recaps, audio interviews, high-resolution photos at media.triathlon.org

### **PAST RESULTS**

## ELITE WOMEN ELITE MEN

#### 2016 ITU WORLD TRIATHLON HAMBURG

- 1. Katie Zaferes (USA)
- 2. Rachel Klamer (NED)
- 3. Gwen Jorgensen (USA)
- 2015 ITU WORLD TRIATHLON HAMBURG
- 1. Gwen Jorgensen (USA)
- 2. Vicky Holland (GBR)
- 3. Non Stanford (GBR)

- 1. Vincent Luis (FRA)
  - 2. Javier Gomez (ESP)

1. Mario Mola (ESP)

2. Jacob Birtwhistle (AUS)

3. Fernando Alarza (ESP)

3. Mario Mola (ESP)

#### 2014 ITU WORLD TRIATHLON HAMBURG

- 1. Gwen Jorgensen (USA)
- 2. Emma Jackson (AUS)
- 3. Kirsten Sweetland (CAN)

- 1. Alistair Brownlee (GBR)
- 2. Vincent Luis (FRA)
- 3. Jonathan Brownlee (GBR)

#### 2013 ITU WORLD TRIATHLON HAMBURG

- 1. Anne Haug (GER)
- 2. Non Stanford (GBR)
- 3. Jodie Stimpson (GBR)

- 1. Jonathan Brownlee (GBR)
- 2. Alistair Brownlee (GBR)
- 3. Javier Gomez (ESP)

#### 2012 ITU WORLD TRIATHLON HAMBURG

- 1. Erin Densham (AUS)
- 2. Emma Moffatt (AUS)
- 3. Sarah Groff (USA)

- 1. Richard Murray RSA)
- 2. Javier Gomez (ESP)
- 3. Steffen Justus (GER)

#### 2011 DEXTRO ENERGY TRIATHLON ITU WORLD CHAMPIONSHIP HAMBURG

- 1. Emma Moffatt (AUS)
- 2. Emma Jackson (AUS)
- 3. Emma Snowsill (AUS)

- 1. Brad Kahlefeldt (AUS)
- 2. William Clarke (GBR)
- 3. David Hauss (FRA)

#### 2010 DEXTRO ENERGY TRIATHLON ITU WORLD CHAMPIONSHIP HAMBURG

- 1. Lisa Norden (SWE)
- 2. Emma Moffatt (AUS)
- 3. Aileen Morrison (IRE)

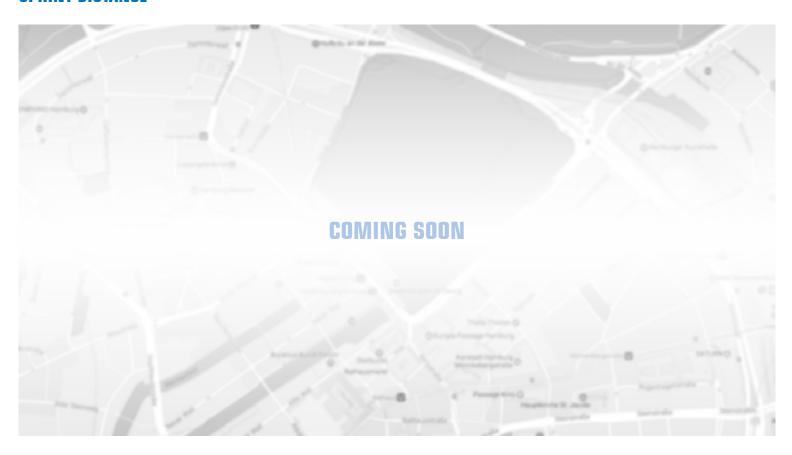
- 1. Javier Gomez (ESP)
- 2. Jan Frodeno (GER)
- 3. Tim Don (GBR)

#### 2009 DEXTRO ENERGY TRIATHLON ITU WORLD CHAMPIONSHIP HAMBURG

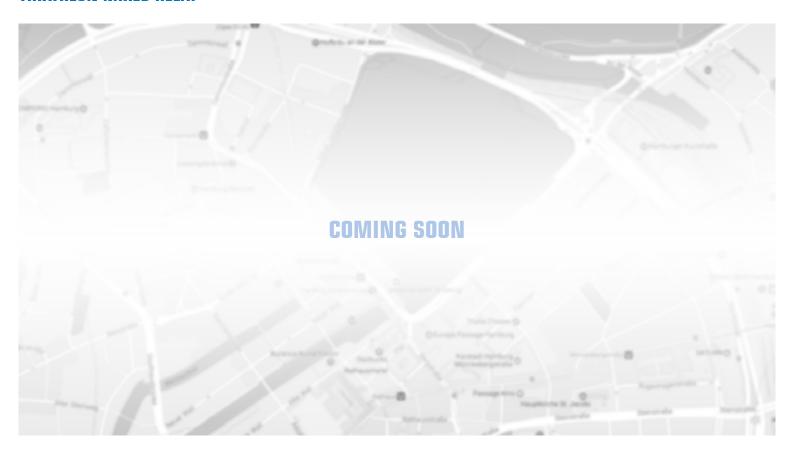
- 1. Emma Moffatt (AUS)
- 2. Lisa Norden (SWE)
- 3. Daniela Ryf (SUI)

- 1. Jarrod Shoemaker (USA)
- 2. Brad Kahlefeldt (AUS)
- 3. Alexander Bruykhankov (RUS)

## **SPRINT DISTANCE**



## TRIATHLON MIXED RELAY



#### OTHER RESULTS

2008 HAMBURG BG TRIATHLON WORLD CUP

1. Ricarda Lisk (GER) 1. Daniel Unger (GER)

2007 HAMBURG BG TRIATHLON WORLD CHAMPIONSHIPS

1. Vanessa Fernandes (POR)

1. Daniel Unger (GER)

2006 HAMBURG BG TRIATHLON WORLD CUP

1. Vanessa Fernandes (POR)

1. Javier Gomez (ESP)

2005 HAMBURG ITU TRIATHLON WORLD CUP

1. Samantha Warriner (NZL)

1. Filip Ospaly (CZE)

#### ACCOMMODATION

Host Hotel: Le Royal Méridien

The Le Royal Meridien is conveniently located downtown near the race venue, approximately a 10-15 minute walk. With 284 rooms, it's close to the train station, shops and restaurants, and has a swimming pool, sauna, steam bath, jacuzzi and a 24-hour fitness centre.

#### **ABOUT THE CITY**

Hamburg is the second largest city in Germany (after Berlin) with a population of 1.8 million. The city is located on the River Elbe, which provides easy access to the North and Baltic Seas and has made Hamburg one of the busiest ports on earth. The city encompasses 755 square miles (nearly seven times the size of Paris), making Hamburg the eighth-largest city in the European Union. One of the most unique aspects of the city is its lack of skyscrapers, with no buildings reaching higher than ten stories.

## AGE-GROUP COMPETITION

The Hamburg round of the ITU World Triathlon Series is a special experience for age-group athletes. They get to participate in the world's largest triathlon and in front of a passionate audience who support all athletes. Last year, more than 10,000 age-groupers raced in Hamburg, on the picturesque course that includes swimming in the River Alster, cycling on the main shopping streets of the old trading city, running on the banks of the Binnenalster and the finish in front of the Hamburg City Hall.

## **ROUND SIX** ITU WORLD TRIATHLON EDMONTON

WOMEN'S RACE START	29 JULY - 1:03PM
MEN's RACE START	29 JULY - 3:03PM
TOTAL PRIZE MONEY	\$150,000
WEBSITE	edmonton.triathlon.org
ITU MEDIA CONTACTS (PRINT/WEB)	ERIN GREENE – erin.greene@triathlon.org
LOCAL MEDIA CONTACT	CHRISTINA COLLINS – christina@edmontontriathlon.org

### **ABOUT THE RACE**

Nine World Cups have been held in Edmonton since 2002. Edmonton also holds a special place in ITU history, having set a new standard for the triathlon world championships in 2001. In 2014 is was also the host city for the Grand Final. In over 20 years of World Cup races only one race has ever had to be cancelled, which was in Edmonton in 2004. After Loretta Harrop (AUS) won the women's race, a wintery blast hit the city and the men's race was called off.

## **COURSE PROFILE**

Coming soon.

## **MEDIA FACILITIES/SERVICES**

Pre-race press conference

On-site media centre with wireless internet

Photo positions on course

Photo stand at finish area

Mixed Zone for post-race interviews

Race previews and recaps, audio interviews, high-resolution photos at media.triathlon.org

## **PAST RESULTS**

#### ELITE WOMEN ELITE MEN

#### 2016 ITU WORLD TRIATHLON EDMONTON

- 1. Summer Cook (USA)
- 2. Sarah True (USA)
- 3. Katie Zaferes (USA)

- 1. Jonathan Brownlee (GBR)
- 2. Mario Mola (ESP)
- 3. Richard Murray (RSA)

#### 2015 ITU WORLD TRIATHLON EDMONTON

- 1. Vicky Holland (GBR)
- 2. Flora Duffy (BER)
- 3. Gillian Backhouse (AUS)

- 1. Richard Murray (RSA)
- 2. Javier Gomez (ESP)
- 3. Mario Mola (ESP)

#### 2014 ITU WORLD TRIATHLON GRAND FINAL EDMONTON

- 1. Gwen Jorgensen (USA)
- 2. Andrea Hewitt (NZL)
- 3. Nicky Samuels (NZL)

- 1. Alistair Brownlee (GBR)
- 2. Mario Mola (ESP)
- 3. Javier Gomez (GBR)

#### ITU EDMONTON WORLD CUP WINNERS

2013	Amelie Kretz (CAN)	Gregory Rouault (FRA)
2012	Lauren Groves (CAN)	Kyle Jones (CAN)
2011	Ashleigh Gentle (AUS)	Bevan Docherty (NZL)
2007	Emma Moffatt (AUS)	Bevan Docherty (NZL)
2006	Emma Snowsill (AUS)	Hamish Carter (NZL)
2005	Emma Snowsill (AUS)	Andy Potts (USA)

2004 Loretta Harrop (AUS) Race cancelled due to weather

2003 Barbara Lindquist (USA) Simon Whitfield (CAN)
2002 Siri Lindley (USA) Simon Whitfield (CAN)

#### ITU TRIATHLON WORLD CHAMPIONSHIPS

2001 Siri Lindley (USA) Peter Robertson (AUS)



# **ACCOMMODATION**

Local organisers have created a list of hotels recommend during your stay in Edmonton. The host hotels offer something for everyone, from budget-friendly selections to 5-star hotels. All accommodation options permit bikes to be stored in room as well as team notice boards /information desks in the lobby. Click here for more information: edmonton.triathlon.org/travel/accom

# **ABOUT THE CITY**

Edmonton is located in Western Canada and offers visitors a unique blend of attractions, natural beauty, nightlife, arts & culture and sports activities. Home to more than 1 million people, it is a vibrant northern city with a diverse cultural population and proximity to the Canadian Rockies. Edmonton has much to offer, including the Muttart Conservatory, the Gallery Walk and 160km of park trails. Immerse yourself in Alberta's natural wilderness by hiking in the Canadian Rockies, taking in the northern Lights or discovering one of many lakes, rivers and historical towns.



# **ROUND SEVEN** ITU WORLD TRIATHLON MONTREAL

WOMEN'S RACE START	6 AUGUST – 1:30PM
MEN's RACE START	6 AUGUST – 1:30PM
TOTAL PRIZE MONEY	\$150,000
WEBSITE	montreal.triathlon.org
ITU MEDIA CONTACTS (PRINT/WEB)	ERIN GREENE – erin.greene@triathlon.org
LOCAL MEDIA CONTACT	TBD

# **ABOUT THE RACE**

In 2016 Montreal debuted as a first-time host for an ITU World Cup event. This year the Quebec city returns as a first-time WTS host. Following WTS Edmonton, it will be the first time in ITU history that two WTS races have been held in the same country in the same season. Montreal will host a standard-distance course where the venue for the race will be located in the Old Port of Montréal and the swim will take place at the Jacques-Cartier Quay.

# **COURSE PROFILE - DISTANCE**

Coming soon.

# **MEDIA FACILITIES/SERVICES**

Pre-race press conference

On-site media centre

Photo positions on course

Photo stand at finish area

Mixed Zone for post-race interviews

Race previews and recaps, audio interviews, high-resolution photos at media.triathlon.org





# **ACCOMMODATION**

Host Hotel: InterContinenal Montreal.

The InterContinenal Montreal has proudly been selected as the Host Hotel for the 2017 Montreal International Triathlon. The InterContinental Montreal is located at the gateway of downtown and Old-Montreal, (approximately 20 minutes from Pierre-Elliott Trudeau International Airport). The Host Hotel is also walking distance from the venue. The address is 360, Saint-Antoine Street West, Montreal (Qc) Canada H2Y 3X4.

# **ABOUT THE CITY**

When it comes to sports, Montréal plays to win as Canada's first Olympic city. Montréal is a hub for promoting and developing elite sports in Québec and in Canada, hosting more than 60 national and international events in 32 disciplines each year. Debuting as its first time hosting an ITU World Cup event, the venue for the race will be located in the Old Port of Montréal and the swim will take place at the Jacques-Cartier Quay.

# **AGE-GROUP COMPETITION**

Please refer to montreal.triathlon.org



# **ROUND EIGHT** ITU WORLD TRIATHLON STOCKHOLM

WOMEN'S RACE START	26 AUGUST – 12:06PM
MEN's RACE START	26 AUGUST - 15:06PM
TOTAL PRIZE MONEY	\$150,000
WEBSITE	stockholm.triathlon.org
ITU MEDIA CONTACTS (PRINT/WEB)	ERIN GREENE – erin.greene@triathlon.org
LOCAL MEDIA CONTACT	TBD

# **ABOUT THE RACE**

Stockholm became the 15th ITU World Triathlon Series host in 2012 when ITU racing returned to Sweden's capital city for the first time since 1997. In its debut, Stockholm organised a sprint race that added an extra technical twist with the course crossing over Stockholm's beautiful cobbled stone roads. In its first year, Sweden's own Lisa Norden stormed to gold on home soil shortly after earning her silver medal at the Olympics, while men's Olympic medallist Jonathan Brownlee was brilliant for the win over Javier Gomez.

# **COURSE PROFILE**

Swim(1.5km) Start at the pontoon and do two laps in Riddarfjärden. First lap in the water will be 1000m, followed by a second lap of only 500m.

After the transition the athletes be challenged with 40km of demanding cycling through Bike (40km)

Gamla Stan.

Run (10km) Quick switch to running shoes then 10km of running to the finish line at the

top of Slottsbacken.

# MEDIA FACILITIES/SERVICES

Pre-race press conference

On-site media centre with wireless internet

Photo positions on course

Photo stand at finish area

Mixed Zone for post-race interviews

Race previews and recaps, audio interviews, high-resolution photos at media.triathlon.org

# **PAST RESULTS**

# ELITE WOMEN ELITE MEN

# 2016 ITU WORLD TRIATHLON STOCKHOLM

1. Flora Duffy (BER)

2. Andrea Hewitt (NZL)

3. Helen Jenkins (GBR)

- 1. Alistair Brownlee (GBR)
- 2. Jonathan Brownlee (GBR)
- 3. Pierre Le Corre (FRA)

# 2015 ITU WORLD TRIATHLON STOCKHOLM

1. Sarah True (USA)

2. Katie Zaferes (USA)

3. Andrea Hewitt (NZL)

- 1. Javier Gomez (ESP)
- 2. Joao Pereira (POR)
- 3. Aaron Royle (AUS)

# 2014 ITU WORLD TRIATHLON STOCKHOLM

1. Sarah True (USA)

2. Andrea Hewitt (NZL)

3. Nicky Samuels (NZL)

- 1. Jonathan Brownlee (GBR)
- 2. Alistair Brownlee (GBR)
- 3. Gregor Buchholz (GER)

# 2013 ITU WORLD TRIATHLON STOCKHOLM

1. Gwen Jorgensen (USA)

2. Non Stanford (GBR)

3. Anne Haug (GER)

- 1. Alistair Brownlee (GBR)
- 2. Javier Gomez (ESP)
- 3. Jonathan Brownlee (FRA)

# 2012 ITU WORLD TRIATHLON STOCKHOLM

1. Lisa Norden (SWE)

2. Maaike Caelers (NED)

3. Barbara Riveros Diaz (CHI)

- 1. Jonathan Brownlee (GBR)
- 2. Javier Gomez (ESP)
- 3. Vincent Luis (FRA)

# 1997 ITU TRIATHLON WORLD CUP

1. Erika Molnar (HUN)

2. Rina Hill (AUS)

3. Mieke Suys (BEL)

- 1. Simon Lessing (GBR)
- 2. Brad Beven (AUS)
- 3. Hamish Carter (NZL)

# 1995 STOCKHOLM ETU TRIATHLON EUROPEAN CHAMPIONSHIPS

- 1. Isabelle Mouthon-Michellys (FRA)
- 2. Natascha Badmann (SUI)
- 3. Suzanne Nielsen (DEN)

- 1. Dr. Rainer Mueller-Hoerner (GER)
- 2. Luc Van Lierde (BEL)
- 3. Spencer Smith (GBR)





OLYMPISK 15I	(	<b>E</b>	<b>®</b>		4	
	1500 m	2 varv*	40 km	9 varv**	10 km	4 varv

<sup>\*</sup>Simning: 1000 m + 500 m \*\*Bansträckning cykel: 2 km + 9x4,2km = 39,8 km. Varvräkningen börjar vid

# **ABOUT THE CITY**

The capital of Sweden is over 700 years old and the greater metropolitan area now has a population of over 2 million, making it one of the largest cities in Scandinavia. Built on 14 islands around one of Europe's largest and best-preserved mediaeval city centres, it is located by the Baltic Sea. It's one of the most beautiful major cities in the world, a mirage of saffron- and terracotta-coloured buildings shimmering between blue water and bluer skies all summer, or covered with snow and dotted with lights in winter. It's also a vibrant, modern city, famous for producing sleek designs, edgy fashion and world-class nightclubs. Stockholm also has a strong sporting history, the 1912 Stockholm Olympic Games set the benchmark for the Olympics of the modern era. It was the first time athletes from all five continents took part, and the first time live timing, photo finishes and a public address system were used.

# **ACCOMMODATION**

Host Hotels: First Hotel Reisen,

http://www.firsthotels.com/Our-hotels/Hotels-in-Sweden/Stockholm/First-Hotel-Reisen/

(located right next to the venue) and

Scandic Sjöfartshotellet (a short walk away from the venue)

http://www.scandichotels.com/Hotels/Sweden/Stockholm/Scandic-Sjofartshotellet

# AGE-GROUP COMPETITION

Please refer to stockholm.triathlon.org for more information.



# **ROUND NINE** ITU WORLD TRIATHLON GRAND FINAL **ROTTERDAM**

WOMEN'S RACE START	16 SEPTEMBER – 13:06PM
MEN's RACE START	16 SEPTEMBER – 16:06PM
U23 WOMEN START	16 SEPTEMBER – 10:00AM
U23 MEN'S START	15 SEPTEMBER – 17:00PM
JUNIOR WOMEN'S START	15 SEPTEMBER – 15:00PM
JUNIOR MEN'S START	16 SEPTEMBER – 08:00AM
PARATRIATHLON	15 SEPTEMBER
TOTAL PRIZE MONEY	\$280,000
WEBSITE	http://rotterdam.triathlon.org
ITU MEDIA CONTACTS (PRINT/WEB)	ERIN GREENE – erin.greene@triathlon.org
LOCAL MEDIA CONTACT	ELLIS HALBMEIJER – ellis@tigsports.nl

# **ABOUT THE RACE**

This is the first year that Rotterdam has debuted on the World Triathlon Series calendar. More than 75,000 spectators are expected to witness the excitement and drama of age group and professional triathlon in Rotterdam in one of the best port cities in the world. Rotterdam was the host of the 2016 ITU Paratriathlon World Championships, but it will be the first city in the Netherlands to welcome a WTS race. The 2017 Grand Final will be a festival that celebrates the triathlon sport. A spectacular Opening and Closing Ceremony, Pasta Parties, live performances and a lively atmosphere will make the Rotterdam World Championships a must do event for athletes all over the world. Side events and special races will be announced at a later stage.

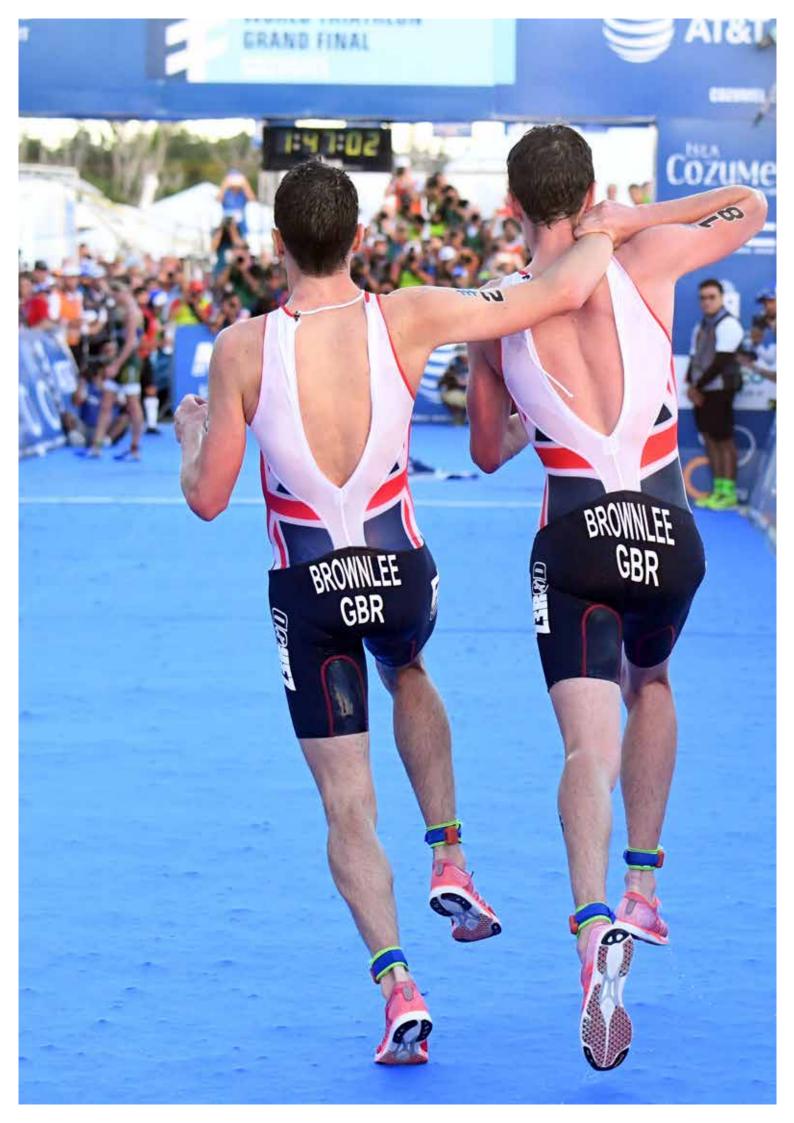
# **COURSE PROFILE**

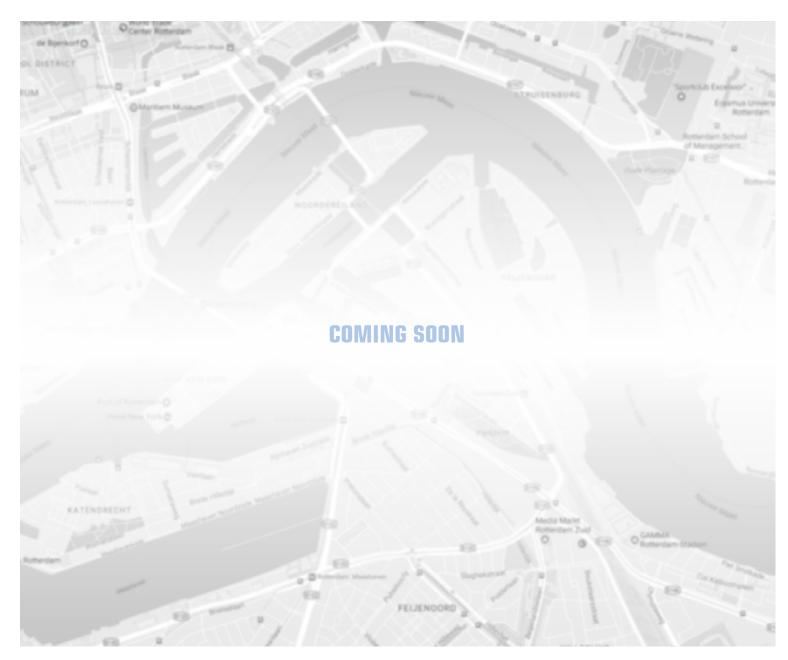
Swim (1.5km) The swim takes place at the Kop van Zuid with two 750m laps.

Bike (40km) After transition in front of the Hotel New York, athletes will cross the Erasmusbrug to

cycle the 40km.

Run (10km) Athletes will run 10km through the Scheepvaart quarter and finish at the Veerhaven.







# **MEDIA FACILITIES/SERVICES**

Pre-race press conference

On-site media centre with wireless internet

Photo positions on course

Photo stand at finish area

Mixed Zone for post-race interviews

Race previews and recaps, audio interviews, high-resolution photos at media.triathlon.org

# **ACCOMMODATION**

The Local Organising Committee has setup partnerships and negotiated rates with many hotels in Rotterdam within walking and cycling distance to the course. The accommodation process has been streamlined via the booking system.

Rooms at the event rate are limited and available on a first come, first-served basis. Book early for the best selection and price! This ensures you of an affordable stay whilst in Rotterdam.

www.eventstay.nl

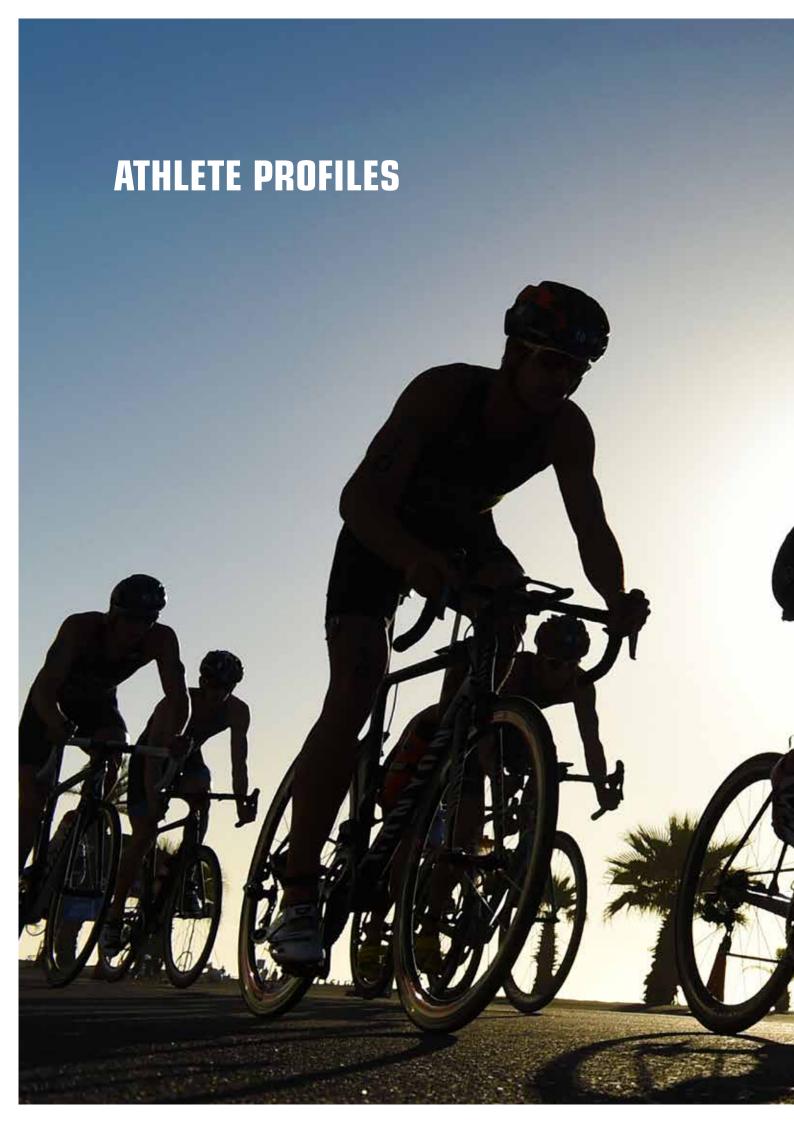
# **ABOUT THE CITY**

Rotterdam is the second biggest city in the Netherlands. Located at the Meuse and with its port, Rotterdam is a dynamic, young and international orientated city with a lot of attention for sports.

In recent years Rotterdam was regularly ranked high in lists of world cities worth a visit. The city is praised for its ambitious architectural projects, such as the Market Hall, the renewed Rotterdam Central Station and The Rotterdam building on the Wilhelminapier, designed by Rem Koolhaas. Rotterdam, also known as 'the city of sports', is home of football club Feyenoord Rotterdam and has recently hosted many major international sports events.

# AGE GROUP COMPETITION

This year's Grand Final will feature a compact program with the Elite Men and Women finals on Saturday and all Age Group World Championships on Sunday. The decision to stage both the Age Group World Championship Olympic distance and the Sprint distance on the same day implies that athletes have to choose in which distance they want to participate. ITU regulations demand a 36 hour relay if athletes want to compete in both distances. Having both championships on the same day allows the organisation to present a unique race that will be staged against the backdrop of the iconic architecture of Rotterdam and the Maas river and guarantee a challenging, but safe course.





# ATHLETES PROFILE I **ELITE WOMEN**



# FLORA DUFFY (BER)

Twitter: @floraduffy Website: floraduffy.com

Date of Birth: 20 September, 1987 Place of Birth: Paget Parish, Bermuda Residence: Boulder, Colorado, USA

#### Past Olympics Games

8th - Rio de Janeiro 2016 45th - London 2012

# ITU Highlights

American Cup.

2016 ITU overall series World Champion 2016 ITU Cross Triathlon World Champion 1st - 2016 ITU World Triathlon Grand Final Cozumel, 2016 Montreal ITU Triathlon World Cup, 2016 ITU World Triathlon Stockholm, 2015 Sardegna ITU Cross Triathlon World Championships, 2012 Huatulco ITU Triathlon World Cup, 2011 Mazatlan ITU Triathlon Pan

Notable

Started competing in triathlon at age 7. Represented Bermuda in swimming at the 2004. Junior Commonwealth Games.

2nd - 2016 ITU World Triathlon Leeds, 2015

ITU World Triathlon Stockholm, 2012 Buffalo

3rd - 2016 ITU World Triathlon Cape Town,

ITU Triathlon World Cup, 2010 Kelowna ITU

Triathlon Premium Pan American Cup.

2015 Toronto Pan American Games, 2015 ITU World Triathlon Abu Dhabi, 2012 Edmonton

ITU Triathlon Pan American Cup.

Is known as the strongest cyclist on the women's circuit. Finished her degree in Sociology at the University of Colorado. Largely goes to races without a support group & races alone.



# AI UEDA (JPN)

Date of Birth: 1983 Place of Birth: Kyoto, Japan Residence: Chiba, Japan

# Past Olympics Games

39th - Rio de Janeiro 2016 39th - London 2012

# ITU Highlights

1st - 2016 Miyazaki ITU Triathlon World Cup, 2016 Hatsukaichi ASTC Triathlon Asian Championships, 2015 Adelaide ITU Duathlon World Championships, 2015 Cozumel ITU Triathlon World Cup, 2014 Phuket Asian Beach Games - Triathlon, 2014 Incheon Asian Games, 2014 Huatulco ITU Triathlon World Cup, 2013 Cali World Games, 2013 Amakusa ITU Triathlon Asian Cup, 2013 Ishigaki ITU Triathlon World Cup, 2013 JPN Triathlon National Championships, 2010 Huatulco ITU Triathlon World Cup, 2010 Salinas ITU Triathlon Pan American Cup, 2009 Huatulco ITU Triathlon World Cup, 2008 Salinas ITU Triathlon Pan American Cup, 2008 Valle de Bravo ITU Triathlon Pan American Cup, 2006 Seorak ITU Triathlon Asian Cup, 2005 Murakami ITU Triathlon Asian Cup, 2005 Shichigahama ITU Triathlon Asian Cup, 2004 Wakayama ITU Triathlon Asian Cup.

2nd - 2016 Tongyeong ITU Triathlon World Cup, 2014 Tongyeong ITU Triathlon World Cup, 2014 ITU World Triathlon Yokohama, 2011 Monterrey ITU Triathlon World Cup, 2010 Monterrey ITU Triathlon World Cup, 2010 Mazatlan ITU Triathlon Pan American Cup, 2006 Doha Asian Games, 2004 Amakusa ITU Triathlon Asian Cup. 3rd - 2016 ITU World Triathlon Yokohama. 2014 Mooloolaba ITU Triathlon World Cup, 2005 Wakayama ITU Triathlon Asian Cup, 2002 Murakami ITU Triathlon Asian Championships. Third Overall in the 2016 WTS Series.



# **KATIE ZAFERES (USA)**

Twitter @KZaferes6

Website: www.katiehursey.com

Date of Birth: 9 June 1989

Place of Birth: Hampstead, MD, USA Residence: Hampstead, MD, USA

Past Olympics Games 18th - Rio de Janeiro 2016

# ITU Highlights

1st - 2016, ITU World Triathlon Hamburg, 2014 Kelowna PATCO Sprint Triathlon Premium Pan American Cup, 2014 New Plymouth ITU Triathlon World Cup, 2013 Tiszaujvaros ITU Triathlon World Cup, 2013 Palamos ITU Triathlon World Cup

2nd - 2015 ITU World Triathlon Stockholm, 2015 ITU World Triathlon London, 2015 ITU World Triathlon Cape Town, 2015 ITU World Triathlon Auckland, 2015 ITU World Triathlon Abu Dhabi, 2014 Mooloolaba ITU Triathlon

3rd - 2016 ITU World Triathlon Edmonton, 2015 USA Triathlon National Championships, 2015 ITU World Triathlon Gold Coast

#### Notable

Started triathlon when her father invited her to take part in a 'Father's Day' triathlon with him. Was a runner in university, where she studied Physical Education. Had a breakout season in 2015 with six WTS podiums.

Is married to triathlete Tommy Zaferes.



# **ANDREA HEWITT (NZL)**

Twitter: @andreahewittnz Website: andreahewitt.com

Date of Birth: 4 April 1982

Place of Birth: Christchurch. New Zealand Residence: Christchurch, New Zealand

# Past Olympics Games

7th - Rio de Janeiro 2016

6th - London 2012

8th - Beijing 2008

#### ITU Highlights

2012 & 2015 ITU World Triathlon Series bronze medallist

2005 Under23 ITU World Champion.

1st - 2011 ITU World Triathlon Series Grand Final Beijing, 2011 ITU World Triathlon Series Yokohama, 2009 ITU World Triathlon Madrid.

2nd - 2016 World Triathlon Stockholm, 2016 New Plymouth ITU Triathlon World Cup, 2014 ITU World Triathlon Grand Final Edmonton, 2014 ITU World Triathlon Stockholm, 2014 New Plymouth ITU Triathlon World Cup, 2010 ITU World Triathlon Sydney, 2009 ITU World Triathlon Yokohama.

3rd - 2016 ITU World Triathlon Gold Coast, 2015 ITU World Triathlon Stockholm, 2015 ITU World Triathlon Auckland, 2014 ITU Long Distance Triathlon World Championships, 2012 ITU World Triathlon Kitzbuehel, 2012 ITU World Triathlon Series Sydney, 2011 ITU World Triathlon Sydney.

2006 Melbourne Commonwealth Games

bronze medallist.

2 time ITU World Cup winner.

# Notable

Was a competitive swimmer from age 6, and then represented New Zealand in surf lifesaving.

She started to focus on triathlon in 2005 and within six months, won the ITU Under23

She has an economics degree from the University of Cantenbury.

She has finished in the top 3 of the World Triathlon Series on five occasions.

She is no stranger to longer form endurance sports, in 2005 she completed a coast to coast in New Zealand - 243km running, cycling and kayaking from the West Coast to the East Coast of the South Island of NZ. She also finished third at the 2014 ITU Long Distance Triathlon World Championships despite sustaining a broken elbow from a crash on the bike.

Was engaged to Olympic triathlete Laurent Vidal, who passed away suddenly at the end of 2015.



# **JODIE STIMPSON (GBR)**

Twitter: @jodiestimpson

Website: www.jodiestimpson.co.uk

Date of Birth: 7 February 1989 Hometown: Oldbury, West Midlands

# ITU Highlights

2014 Glasgow Commonwealth Games Champion, Elite Women.

2014 Glasgow Commonwealth 4xMixed Relay Champion.

1st – 2016 Mooloolaba ITU Triathlon World Cup, 2016 ITU World Triathlon Abu Dhabi, 2014 ITU World Triathlon Cape Town, 2014 ITU World Triathlon Auckland, 2013 ITU World Triathlon Kitzbuehel, 2013 Alicante ITU Triathlon World Cup.

2nd - 2016 ITU World Triathlon Cape Town, 2013 World Triathlon Series silver medallist, 2013 ITU Mooloolaba World Cup.

3rd - 2015 Geneva ETU Triathlon European Championships 4X Mixed Relay, 2014 New Plymouth ITU Triathlon World Cup, 2013 ITU World Triathlon Yokohama, 2013 ITU World Triathlon Madrid, 2013 ITU World Triathlon Hamburg.

4th - 2013 ITU World Triathlon Grand Final London.

5th - 2014 ITU World Triathlon Hamburg, 2013 ITU World Triathlon Stockholm. 2014 Runner Up World Champ.



# **CHARLOTTE McSHANE (AUS)**

Twitter: @CharMcShane

Website: charlottemcshane.com.au

Date of Birth: 1990

Residence: Wollongong, Australia

# ITU Highlights

2013 U23 ITU World Champion.

1st - 2013 ITU World Triathlon Grand Final

London - U23.

3rd - 2016 ITU World Triathlon Grand

Final Cozumel.

4th - 2012 Tongyeong ITU Triathlon World Cup, 2012 Tiszaujvaros ITU Triathlon World Cup. 5th - 2016 ITU World Triathlon Yokohama 7th - 2016 ITU World Triathlon Stockholm, 2015 ITU World Triathlon Abu Dhabi, 2013

#### Notable

Trains with Jamie Turner and the Wollongong Wizards.

Mooloolaba ITU Triathlon World Cup.



# SARAH TRUE (NEE GROFF) (USA)

Twitter @sgroffy

Website: sarahgroff.com

Date of Birth: 27 November 1981 Place of Birth: Cooperstown, NY, USA Residence: Hanover, NH, USA

# Past Olympics Games

LAP - Rio de Janeiro 2016

4th - London 2012

#### ITU Highlights

2015 ITU World Champion Runner Up.

1st - 2015 ITU World Triathlon Stockholm, 2014 ITU World Triathlon Stockholm.

2nd - 2015 USA Triathlon National

Championships, 2015 ITU World Triathlon Gold Coast, 2014 ITU World Triathlon London

3rd - 2015 ITU World Triathlon London, overall 2011 ITU World Championships, 2013 Mixed

Relay World Championships.

3rd - 2012 ITU World Triathlon Hamburg.

2011 Kitzbühel World Championship Series

4th - 2014 ITU World Triathlon Grand

Final Edmonton.

5 top-10 finishes in 2011 ITU World

Championship Series.

2007 ITU Aquathlon World Champion.

2014 runner up World Champ.

#### Notable

Maiden name, Groff.

First American woman to make ITU World

Triathlon Series podium.

Bachelor of Arts from Middlebury College in Conservation Biology and Studio Art.

Hobbies include reading, hiking, cooking, printmaking, woodcarving, and bird watching.

Sister Lauren Groff is a novelist and short story writer whose latest book "Fates & Furies" was named USA President Barack Obama's favourite

book of 2015.

At Division III Middlebury College, swam for four years as a freestyler and earned All-NESCAC and

All-America honours.

Is married to runner Ben True.



# ASHLEIGH GENTLE (AUS)

Twitter: @AshleighGentle

Website: ashleighgentle.blogspot.com

Date of Birth: 25 February 1991 Residence: Gold Coast, Australia

# Past Olympics Games

26th - Rio de Janeiro 2016

# ITU Highlights

1st - 2012 Tiszaujvaros ITU Triathlon World Cup, 2011 Edmonton ITU Triathlon World Cup.

2nd - 2016 ITU World Triathlon Yokohama, 2016 ITU World Triathlon Abu Dhabi, 2015 ITU World Triathlon Yokohama, 2012 Devonport OUT Triathlon Oceania Championships.

3rd - 2015 Mooloolaba ITU World Cup, 2012 Banyoles ITU Triathlon World Cup.

4th - 2013 ITU World Triathlon Yokohama. 2013 ITU World Triathlon Mixed Relay World Championships.

1st - 2010 Dextro Energy Triathlon - ITU Triathlon World Championships Grand Final Budapest.

2nd - 2007 Hamburg BG Triathlon World Championshps.



# RACHEL KLAMER (NED)

Twitter: @rachelklamer Website: rachelklamer.com

Date of Birth: 8 October 1990 Place of Birth: Harare, Zimbabwe Residence: Denekamp, Netherlands

# Past Olympics Games

10th - Rio de Janeiro 2016 36th - London 2012

#### ITU Highlights

1st - 2015 Holten ETU Triathlon Premium European Cup, 2014 Tiszaujvaros ITU Triathlon World Cup, 2013 Alanya ETU Triathlon European Championships.

2nd - 2016 ITU World Triathlon Hamburg, 2015 Cozumel ITU Triathlon World Cup, z2015 Baku European Games, 2009 Holten ETU Triathlon European Championships Junior Women.

3rd -2013 Alicante ITU Triathlon World Cup, 2010 Huatulco ITU Triathlon World Cup, 2009 ITU World Championship Grand Final Gold Coast Junior Women.

4th -2010 ITU Triathlon World Championship Grand Final Budapest U23 Women.

5th - 2016 ITU World Triathlon Gold Coast, 2012 ITU World Triathlon Madrid, 2012 Mooloolaba ITU Triathlon World Cup.

5 time Premium European Cup winner.

## Notable

She was born in Zimbabwe where her parents worked as doctors, they moved back to the Netherlands when she was 3.

She took up swimming first and then running, where a triathlete at her athletics club advised her to participate in a talent ID day set up by the Dutch Triathlon Federation.

While she struggled in her first race, she started the next week at the European junior championships and was hooked.

Partner is s Olympic triathlete Richard Murray.



# **VENDULA FRINTOVA (CZE)**

Twitter @vendulafrintova Website: frintova.aitom.cz

Date of Birth: 1989 Place of Birth: Nachod, CZE Residence: Nachod, CZE

# Past Olympics Games 8th - Rio de Janeiro 2016

15th - 2012 London Olympic Games

# ITU Highlights

1st - 2010 Mooloolaba World Cup.

2nd - 2014 Alanya ITU Triathlon World Cup. 2013 Tongyeong ITU Triathlon World Cup, 2011 European Championships, 2004 and 2005 U23 Triathlon World Championships, 2003 U23 Triathlon European Championships.

3rd - 2015 New Plymouth ITU Triathlon World Cup, 2013 Alanya ÉTU Triathlon European Championships, 2013 Sarasota ITU Triathlon Pan American Cup, 2006 Richards Bay Trathlon World Cup.

4th - 2016 Lisbon ETU Triathlon European Championships, 2015 Geneva ETU Triathlon European Championships, 2015 ITU World Triathlon Auckland.



# **VICKY HOLLAND (GBR)**

Twitter: @VixHolland
Website: vickyholland.com

Date of Birth: 12 January 1986 Place of Birth: Gloucester, UK Residence: Swansea, GBR

# Past Olympics Games

3rd - Rio de Janeiro 2016 26th - London 2012

#### ITU Highlights

2014 Glasgow Commonwealth Games Champion - 4xMixed Relay.

1st – 2015 ITU World Triathlon Edmonton, 2015 ITU World Triathlon Cape Town, 2014 Hamburg ITU Triathlon Mixed Relay World Championships, 2012 Stockholm ITU Triathlon Mixed Relay World Championships, 2011 Wellington OUT Triathlon Oceania Championships.

2nd – 2015 ITU World Triathlon Hamburg, 2013 Alanya ETU Triathlon European Championships.

3rd – 2016 ITU World Triathlon Leeds, 2015 ITU World Triathlon Grand Final Chicago, 2015 Rio de Janeiro ITU World Olympic Qualification Event, 2015 Hamburg ITU Triathlon Mixed Relay World Championships, 2014 Glasgow Commonwealth Games Champion – Elite Women.

#### Notable

Holland enjoyed a breakout season in 2015, winning two World Triathlon Series events after coming back from injury in the same year. She lives with fellow elite British triathlete Non Stanford and is a part of the high performance team in Leeds, England.



# NON STANFORD (GBR)

Twitter: @nonstanford

Date of Birth: 8 January 1989 Hometown: Swansea, Wales

## Past Olympics Games

4th - Rio de Janeiro 2016

# ITU Highlights

2013 World Champion

1st - 2016 ITU World Triathlon Cape Town, 2013 ITU World Triathlon Series Overall Champion, 2013 ITU World Triathlon London Grand Final, 2013 ITU World Triathlon Madrid, 2012 Under23 ITU World Champion.

2nd – 2015 ITU World Triathlon Grand Final Chicago, 2015 Rio de Janeiro ITU World Olympic Qualification Event, 2013 ITU World Triathlon San Diego, 2013 ITU World Triathlon Stockholm.

3rd – 2015 ITU World Triathlon Hamburg, 2015 Hamburg ITU Triathlon Mixed Relay World Championships.

# Notable

Non is the only female to be crowned the Under23 World Champion and elite World Champion consecutively.

She is known as one of the fastest runners on the ITU circuit, but injury kept her out of the entire 2014 season. She returned mid-2015 at World Triathlon Yokohama.

Studied Exercise Science, Sports Science. British athlete Kelly Holmes mentored her as a junior when she recognised her talent as a long distance runner in 2004.



# **KIRSTEN KASPER (USA)**

Twitter: @kirstenkasper Website: kirstenkaspertri.com

Date of Birth: 1991 Place of Birth: USA Residence: -

## ITU Highlights

2016 ITU Mixed Team Relay World Champion. 1st - 2016 Salinas ITU Triathlon World Cup. 3rd - 2016 New Plymouth ITU Triathlon World Cup, 2016 Mooloolaba ITU Triathlon World Cup, 2015 Huatulco ITU Triathlon World Cup. 5th - 2016 ITU World Triathlon Cape Town. 6th - 2016 ITU World Triathlon Edmonton, 2015 ITU World Triathlon Cape Town. 7th - 2016 Montreal ITU Triathlon World Cup.



# ANASTASIA ABROSIMOVA (RUS)

Date of Birth: 17 July 1990

Place of Birth: Navy Urgal, Russia Residence: Moscow, Russia

Past Olympics Games 32nd - Rio de Janeiro 2016

# ITU Highlights

1st – 2015 Chicago ITU Aquathlon World Championships.

4th - 2014 Huatulco ITU Triathlon World Cup. 5th - 2016 ITU World Triathlon Hamburg, 2013 Alicante ITU Triathlon World Cup. 6th - 2016 Chengdu ITU Triathlon World Cup, 2015 Tiszaujvaros ITU Triathlon World Cup, 2014 Cartagena ITU Triathlon World Cup. 8th - 2015 Tongyeong ITU Triathlon World Cup.



# RENEE TOMLIN (USA)

Twitter: @reneetomlin Website: renee-tomlin.com

Date of Birth: 1988 Place of Birth: Residence: USA

# ITU Highlights

1st - 2016 Tiszaujvaros ITU Triathlon World Cup, 2015 Chengdu ITU Triathlon World Cup. 2nd – 2015 New Plymouth ITU Triathlon World Cup.

3rd - 2016 Miyazaki ITU Triathlon World Cup, 2016 Tongyeong ITU Triathlon World Cup. 4th - 2015 ITU World Triathlon Yokohama. 5th - 2016 Mooloolaba ITU Triathlon World Cup, 2016 ITU World Triathlon Abu Dhabi.



# **SUMMER COOK (USA)**

Twitter: @sumsO1

Website: summercooktri.com

Date of Place: 1991 Place of Birth:

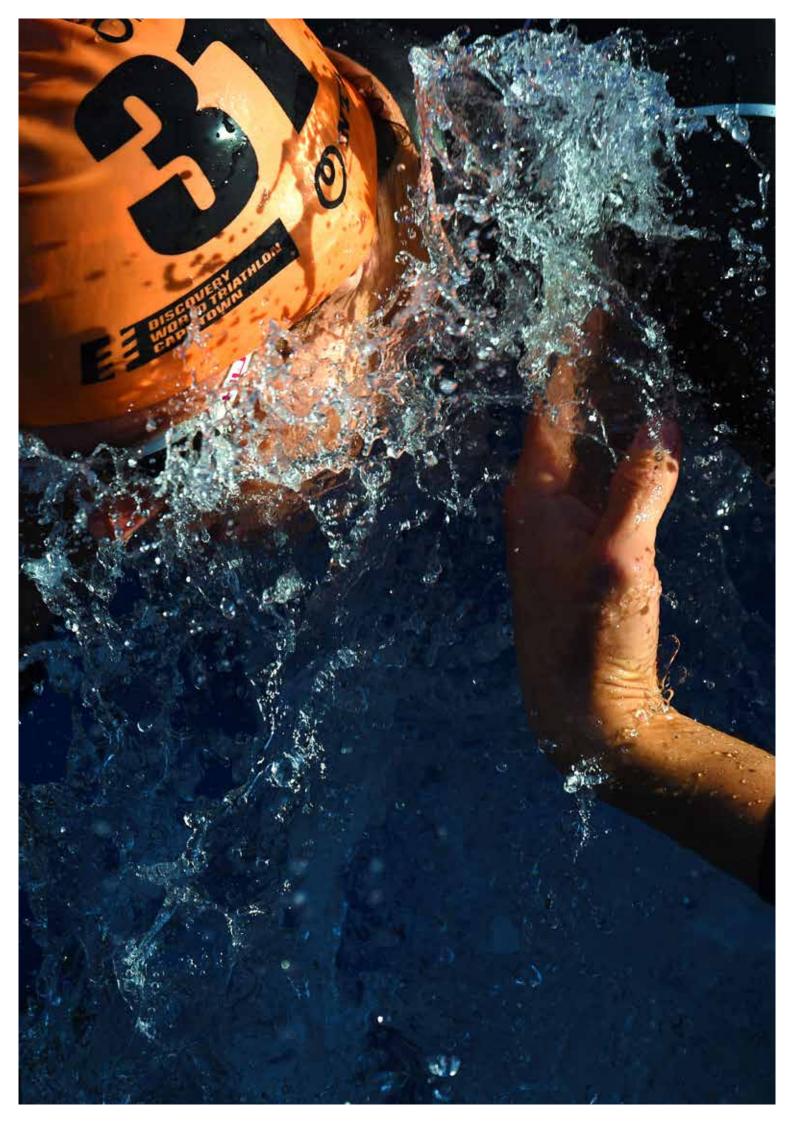
Residence: San Diego, California, USA

# ITU Highlights

1st – 2016 Tongyeong ITU Triathlon World Cup, 2016 ITU World Triathlon Edmonton, 2016 Chengdu ITU Triathlon World Cup.

2nd – 2016 Miyazaki ITU Triathlon World Cup, 2016 Salinas ITU Triathlon World Cup, 2015 Alanya ITU Triathlon World Cup.

4th - 2015 Chengdu ITU Triathlon World Cup.



# ATHLETES PROFILE | ELITE MEN



# **MARIO MOLA (ESP)**

Twitter: @mariomola
Website: mariomola.com

Date of Birth: 23 February 1990

Place of Birth: Palma de Mallorca, Balearic

Islands, Spain

Residence: Madrid, Spain

#### Past Olympics Games

8th - Rio de Janeiro 2016 19th - London 2012

# ITU Highlights

2016 ITU World Champion.

2015, 2014, 2013 Runner up World Champ. 2009 ITU Junior Mens World Champion.

1st – 2016 ITU World Triathlon Hamburg, 2016 ITU World Triathlon Yokohama, 2016 ITU World Triathlon Gold Coast, 2016 Mooloolaba ITU Triathlon World Cup, 2016 ITU World Triathlon Abu Dhabi, 2015 ITU World Triathlon Grand Final Chicago, 2015 ITU World Triathlon Abu Dhabi, 2014 ITU World Triathlon London, 2014 New Plymouth ITU Triathlon World Cup, 2014 Mooloolaba ITU Triathlon World Cup.

2nd - 2016 ITU World Triathlon Edmonton, 2015 ITU World Triathlon Gold Coast, 2014 ITU World Triathlon Grand Final Edmonton, 2014 ITU World Triathlon Yokohama, 2013 ITU World Triathlon Kitzbuehel, 2013 ITU World Triathlon Auckland.

3rd – 2015 ITU World Triathlon Edmonton, 2015 ITU World Triathlon Hamburg, 2015 ITU World Triathlon Yokohama, 2014 ITU World Triathlon Chicago, 2013 Alanya ETU Triathlon European Championships, 2013 World Triathlon Series overall bronze medallist, 2013 World Triathlon Grand Final London.

4th – 2014 ITU World Triathlon Stockholm, 2014 ITU World Triathlon Cape Town, 2013 World Triathlon Madrid, 2012 ITU World Triathlon San Diego, 2012 Mooloolaba ITU Triathlon World Cup, 2011 Pontevedra ETU Triathlon European Championships.

5th - 2012 ITU World Triathlon London.

#### Notable

2016 overall Champion in World Triathlon Series. 2015 overall runner-up in World Triathlon Series. Often mentioned by Javier Gomez as one of the most exciting young athletes on tour.

He is studying administration and management. He was the first Spanish triathlete to win an ITU

Junior World Championship.

He has competed at the World Cross Country Championships.

Owns the fastest men's run split in ITU history, when he split 28:59 at the 2015 Chicago Grand Final.

Girlfriend is Carolina Routier, also an elite triathlete and Spanish Olympian.



# **JONATHAN BROWNLEE (GBR)**

Twitter: @jonny\_brownlee

Date of Birth: 30 April 1990 Place of Birth: Yorkshire, Great Britain Residence: Leeds, Great Britain

# Past Olympics Games

2nd - Rio de Janeiro 2016 3rd - London 2012

# ITU Highlights

2016 ITU World Champion series silver medallist.

2014 Glasgow Commonwealth 4xMixed Relay Champion.

2014 Hamburg ITU Triathlon Mixed Relay World Champion, 4xMixed Relay.

2013 ITU World Triathlon Series silver medallist.

2012 ITU World Champion.

2012 ITU Mixed Team Relay World Champion. 2010 & 2011 ITU Sprint Triathlon World Champion.

2010 ITU U23 World Champion.

2011 ITU World Triathlon series silver medallist.

1st - 2016 ITU World Triathlon Edmonton, 2015 ITU World Triathlon Auckland, 2015 ITU World Triathlon Gold Coast, 2014 ITU World Triathlon Stockholm, 2013 ITU World Triathlon Madrid, Yokohama, Hamburg, 2012 ITU World Triathlon Series Stockholm, 2012 ITU World Triathlon Series San Diego Madrid, 2011 ITU World Triathlon Series Lausanne,

2nd - 2016 ITU World Triathlon Grand Final Cozumel, 2016 ITU World Triathlon Stockholm, 2016 ITU World Triathlon Leeds, 2016 ITU World Triathlon Cape Town, 2014 Glasgow Commonwealth Games, Elite Men, 2014 ITU World Triathlon Cape Town, 2014 ITU World Triathlon Auckland, 2013 PruHealth World Triathlon Grand Final London, 2012 Barfoot and Thompson Grand Final, 2012 ITU World Triathlon Series Kitzbuehel, 2011 ITU World Triathlon Series Sydney, Madrid, 2010 ITU World Triathlon Series London.

3rd - 2016 ITU World Triathlon Gold Coast, 2014 ITU World Triathlon Hamburg, 2013 ITU World Triathlon Stockholm, 2011 ITU World Triathlon Series London, Beijing Grand Final.

## Notable

Studied history at the University of Leeds.

Like Alistair, his Olympic gold medallist brother, is an all-round triathlete and strong in each of the three disciplines.

Before starting triathlon full time, was a successful fell and cross country runner. One of only a few men on the circuit who consistently runs under 30minutes. Earned bronze in his Olympic debut.



# FERNANDO ALARZA (ESP)

Twitter: @fernando alarza Website: fernandoalarza.com

Date of Birth: 23 March 1991

Past Olympics Games 18th - Rio de Janeiro 2016

# ITU Highlights

2010 Dextro Energy Triathlon - ITU Triathlon World Championship Grand Final Budapest Junior Men Champion.

1st - 2016 ITU World Triathlon Cape Town, 2013 Banyoles ITU Triathlon Premium European Cup, 2013 Quarteira ITU European Cup. 2nd - 2016 ITU World Triathlon Gold Coast, 2015 ITU World Triathlon London, 2013 ITU World Triathlon Grand Final London – U23,

2012 Barfoot & Thompson World Triathlon Grand Final Auckland - U23, 2012 Vina del Mar ITU Triathlon Pan American Cup and Iberoamerican Championships

3rd - 2016 ITU World Triathlon Hamburg, 2014 Mendoza PATCO Triathlon Pan American Cup, 2012 Larache ITU Sprint Triathlon African Cup, 2012 Quarteira ITU Triathlon European Cup.

4th - 2016 ITU World Triathlon Abu Dhabi, 2015 ITU World Triathlon Auckland.



# **HENRI SCHOEMAN (RSA)**

Twitter: @H\_Schoeman

Website: www.henrischoeman.com

Date of Birth: 10 March 1991

Place of Birth: Vereeniging, South Africa

Residence: Durban, South Africa

Past Olympics Games 3rd - Rio de Janeiro 2016

# ITU Highlights

1st - 2016 ITU World Triathlon Grand Final Cozumel, 2015 Cape Town ATU Sprint Triathlon African Cup, 2015 Sharm El Sheikh ATU Triathlon African Championships and Pan Arab Championships.

2013 Agadir ATU Triathlon African

Championships.

2nd - 2014 Glascow Commonwealth Games

4xMixed Relays.

4th - 2015 ITU World Triathlon Stockholm, 2013 ITU World Triathlon Kitzbuehel.

6th - 2013 ITU World Triathlon Yokohama.



# **RICHARD MURRAY (RSA)**

Twitter: @RD\_murray Website: trimurray.com

Date of Birth: 4 January 1989 Place of Birth: Cape Town, South Africa Residence: Cape Town, South Africa

# Past Olympics Games

4th - Rio de Janeiro 2016 17th - London 2012

#### ITU Highlights

1st - 2015 Cozumel ITU Triathlon World Cup, 2015 ITU World Triathlon Edmonton, 2015 New Plymouth ITU Triathlon World Cup, 2012 World Triathlon Hamburg.

2nd - 2016 ITU World Triathlon Abu Dhabi, 2014 Glasgow Commonwealth Games, 4xMixed Relay, 2014 ITU World Triathlon London, 2014 Mooloolaba ITU Triathlon World Cup, 2013 ITU World Triathlon San Diego, 2012 ITU World Triathlon Series Sydney, 2011 ITU Huatulco World Cup.

3rd - 2016 ITU World Triathlon Edmonton, 2015 ITU World Triathlon Grand Final Chicago, 2015 Rio de Janeiro ITU World Olympic Qualification Event, 2015 ITU World Triathlon Abu Dhabi, 2014 Glasgow Commonwealth Games, Elite Men. 2014 ITU World Triathlon Yokohama, 2012 ITU World Triathlon Series

4th - 2013 ITU World Triathlon Hamburg. 2 time ATU Triathlon African Champion. 2011, 2012.

2 time U23 African Champion, 2009, 2010.

2 time Junior Men ITU Duathlon World Champion, 2007, 2008.

1st - 2012 Cape Town ITU Sprint Triathlon African Cup.

1st - 2011 Brasschaat ITU Triathlon Premium European Cup.

#### Notable

Finished third overall in the 2015 WTS rankings.

The first African athlete to medal in the WTS

series, with silver in Sydney 2012.

The first African athlete to lead the WTS rankings, he was momentarily in the lead in 2012 courtesy of bronze in San Diego in 2012

Made his Olympic debut in 2012.

Has a Diploma in sports fitness and conditioning

from ETA Stellenbosch.

Dates fellow triathlete Rachel Klamer.



# RYAN BAILIE (AUS)

Twitter: @officialbailie Website: ryanbailie.com

Date of Birth: 1990

Place of Birth: Johannesburg, South Africa Residence: Wollongong, NSW, Australia

# Past Olympics Games

10th - Rio de Janeiro 2016

# ITU Highlights

2nd - 2015 Hamburg ITU Triathlon Mixed Relay World Championships, 2013 Devonport OUT Sprint Triathlon Oceania Championships, 2011 Karlovy Vary ITU Triathlon European Cup. 3rd - 2014 Glasgow Commonwealth Games-4xMixed Relays, 2011 Santiago ITU Triathlon Pan American Cup, 2011 Vina del Mar ITU

Triathlon Pan American Cup.

4th - 2016 ITU World Triathlon Gold Coast, 2015 ITU World Triathlon London.

#### Notable

Nickname is Balls.

Trains with the Wollongong Wizards.

Did a full flip over a barrier at the 2015 Rio Test Event, threw his bike back on the field of play and caught back up with the competition.

His twin sister Ashlee was also a triathlete.



# **CRISANTO GRAJALES (MEX)**

Twitter: @CrisantoGrajale

Date of Birth: 6 May 1987 Place of Birth: Veracruz, Mexico

#### Past Olympics Games

12th - Rio de Janeiro 2016 28th - London 2012

# ITU Highlights

U23 2008 Monterrey ITU Aquathlon World Champion.

1st - 2015 Toronto Pan American Games, 2014 Veracruz Central American and Caribbean Games (Elite Men and 4XMixed Relay), 2014 Dallas PATCO Triathlon Pan American Championships, 2012 Guatape ITU Triathlon World Cup, 2012 Ixtapa ITU Triathlon Pan American Cup.

2nd - 2016 ITU World Triathlon Yokohama, 2012 Cancun ITU Triathlon World Cup, 2011 Guatape ITU Triathlon World Cup, 2010 Tiszaujvaros ITU Triathlon World Cup, 2009 Ferrol ITU Triathlon European and American Cup and Iberoamerican Championships, 2008 Ixtapa ITU Triathlon Pan American Cup and Central American and Caribbean Championships, 2007 Bogota ITU Triathlon Pan American Cup and Iberoamerican Triathlon Championship.

3rd - 2016 Salinas ITU Triathlon World Cup, 2010 Ixtapa ITU Triathlon Pan American Cup, 2007 Veracruz ITU Triathlon Pan American Cup, 2006 Veracruz ITU Triathlon Pan American Cup.

# Notable

First Mexican triathlete to podium at a World Triathlon Series race.

His nickname is Diamante Negro [Black Diamond].

He won the Mexican National Sports Award in 2015.

He trains regularly with the team of Spaniard triathlete Javier Gomez Noya.



# **PIERRE LE CORRE (FRA)**

Twitter: @PRLECORRE

Date of Birth: 3 February 1990 Place of Birth: Vannes, France Residence: Montpellier, France

Past Olympics Games 25th - Rio de Janeiro 2016

# ITU Highlights

1st - 2015 FRA Triathlon National Championships, 2014 Cartagena ITU Triathlon World Cup, 2014 FRA Sprint Triathlon National Championships, 2013 ITU World Triathlon Grand Final London - U23, 2012 Tiszaujvaros ITU Triathlon World Cup.

2nd - 2013 FRA Triathlon National

Championships, 2012 Lausanne CISM World Military Triathlon Championship, 2012 Quarteira ITU Triathlon European Cup, 2011 Brasschaat ITU Triathlon Premium European Cup.

3rd - 2016 ITU World Triathlon Stockholm, 2015 ITU World Triathlon Auckland.

5th - 2016 ITU World Triathlon Cape Town.



# **ADAM BOWDEN (GBR)**

Twitter @Adamspeedytri

Date of Birth: 1982 Place of Birth: -

Residence: Great Britain

# ITU Highlights

5th - 2012 Banyoles ITU Triathlon World Cup. 6th - 2013 ITU World Triathlon San Diego, 2012 ITU World Triathlon Yokohama, 2012 Edmonton ITU Triathlon World Cup.

7th - 2016 ITU World Triathlon Edmonton, 2016 ITU World Triathlon Leeds, 2015 ITU World Triathlon Yokohama, 2014 ITU World Triathlon Chicago, 2011 Dextro Energy Triathlon - ITU World Championship Series Yokohama, 2011 Tiszaujvaros ITU Triathlon World Cup.



# ALISTAIR BROWNLEE (GBR)

Twitter: @AliBrownleetri Website: alistairbrownlee.com

Date of Birth: 23 April 1988 Place of Birth: Yorkshire, Great Britain Residence: Leeds, Great Britain

## Past Olympics Games

1st - Rio de Janeiro 2016 1st - London 2012 12th - Beijing 2008

# ITU Highlights

2009 & 2011 ITU World Champion. 2014 Glasgow Commonwealth 4xMixed Relay Champion.

2014 Hamburg ITU Triathlon Mixed Relay World Champion, 4xMixed Relay.

2014 Glasgow Commonwealth Games Champion, Elite Men.

2016 Cozumel ITU Aquathlon World Champion.

1st - 2016 ITU World Triathlon Stockholm, 2016 ITU World Triathlon Leeds, 2015 ITU World Triathlon London, 2015 ITU World Triathlon Cape Town, 2014 ITU World Triathlon Grand Final Edmonton, 2014 ITU World Triahlon Hamburg, 2013 ITU World Triathlon Kitzbuehel, Stockholm, San Diego, 2012 ITU World Triathlon Series Kitzbuehel, 2011 ITU World Triathlon Series Madrid, Kitzbuehel, London, Beijing Grand Final, 2010 ITU World Triathlon Series Madrid and Budapest Grand Final, 2009 ITU World Triathlon Series Madrid, Washington D.C., Kitzbuehel, London, Gold Coast Grand Final.

2nd - 2015 ITU World Triathlon Yokohama, 2014 ITU World Triathlon Stockholm, 2013 ITU World Triathlon Hamburg.

3rd - 2016 ITU World Triathlon Grand Final Cozumel, 2011 ITU World Triathlon Series Lausanne.

2011 ITU World Triathlon Series Lausanne. 2010 & 2011 ETU European champion. 2008 ITU U23 World Champion.

2006 ITU Junior World Champion.

## Notable

Was the first triathlete to win back-to-back Olympic Gold Medals.

Was the first athlete in ITU history to win world titles as a Junior (2006), Under23 (2008) and Elite (2009).

The most successful man in ITU World Triathlon Series history.

Suffered an Achilles injury early in 2012 that has resurfaced the last several seasons. Won his first race back in Kitzbuehel by 49

seconds from brother Jonathan.

Is one of the strongest all round triathletes in the sports history.

One of only a few men on the circuit who consistently runs under 30minutes.

Before starting triathlon full time, was a successful fell and cross country runner.



# **KRISTIAN BLUMMENFELT (NOR)**

Twitter: @kristianblu

Date of Birth: 14 February 1994 Place of Birth: Bergen, Norway Residence: Loddefjord, Norway

Past Olympics Games 13th - Rio de Janeiro 2016

# ITU Highlights

1st - 2016 Cagliari ITU Triathlon World Cup. 2nd - 2015 Alanya ITU Triathlon World Cup. 3rd - 2016 ITU World Triathlon Yokohama, 2015 Geneva ETU Triathlon European Championships, 2015 New Plymouth ITU Triathlon World Cup.

6th - 2016 ITU World Triathlon Stockholm.

#### Notable

Sister is a powerlifter.

Former national swimmer and Nordic cross country skier.



# **JOAO PEREIRA (POR)**

Twitter: @joao\_pereira87

Date of Birth: 28 December 1987 Place of Birth: Caldas da Rainha, Portugal

Residence: Lisbon, Portugal

Past Olympics Games 5th - Rio de Janeiro 2016

# ITU Highlights

1st - 2015 Alanya ITU Triathlon World Cup. 2nd - 2015 ITU World Triathlon Stockholm, 2014 ITU World Triathlon Chicago. 3rd – 2016 Mooloolaba ITU Triathlon World Cup, 2014 ITU World Triathlon London. 4th - 2016 ITU World Triathlon Hamburg.

5th - 2014 ITU World Triathlon Grand Final Edmonton

6th — 2016 Lisbon ETU Triathlon European Championships, 2014 ITU World Triathlon Stockholm, 2014 ITU World Triathlon Hamburg. 8th - 2015 Baku European Games, 2015 ITU World Triathlon Gold Coast.



# **JACOB BIRTWHISTLE (AUS)**

Twitter: @jakebirtwhistle Website: jakebirtwhistle.com

Date of Birth: 1995 Place of Birth: Australia Residence: Riverside, Australia

# ITU Highlights

2014 World Junior Silver medallist & 2015 U23 World Champion.

1st - 2015 ITU World Triathlon Grand Final Chicago - U23.

2nd - 2016 ITU World Triathlon Hamburg, 2015 Mooloolaba ITU Triathlon World Cup, 2014 ITU World Triathlon Grand Final Edmonton - Junior.

4th - 2016 ITU World Triathlon Yokohama.



# **AURELIEN RAPHAEL (FRA)**

Twitter: @raphaelaurelien

Website: aurelien-raphael.onlinetri.com

Date of Birth: 1988 Place of Birth: Residence:

# ITU Highlights

2nd – 2016 Cagliari ITU Triathlon World Cup, 2012 Tiszaujvaros ITU Triathlon World Cup, 2010 Tongyeong ITU Triathlon World Cup. 4th - 2013 ITU World Triathlon Stockholm, 2011 Tongyeong ITU Triathlon World Cup. 5th - 2016 ITU World Triathlon Leeds. 7th - 2016 ITU World Triathlon Cape Town, 2013 ITU World Triathlon Hamburg. 9th - 2016 ITU World Triathlon Stockholm, 2015 ITU World Triathlon Stockholm.



# TYLER MISLAWCHUK (CAN)

Twitter: @Mislawchuk

Date of Birth: 19 August 1994

Residence: Winnipeg, Manitoba, Canada

Past Olympics Games 15th - Rio de Janeiro 2016

# ITU Highlights

7th - 2016 ITU World Triathlon Hamburg. 10th - 2016 ITU World Triathlon Yokohama, 2016 ITU World Triathlon Abu Dhabi, 2015 Toronto Pan American Games, 2015 ITU World Triathlon London.



# DMITRY POLYANSKIY (RUS)

Twitter: @PolyanTri

Date of Birth: 19 November 1986 Place of Birth: Krasnoyarsk Krai, Russia

Residence: Moscow, Russia

# Past Olympics Games

32 - Rio de Janeiro 2016 21st - London 2012 22th - Beijing 2008

#### ITU Highlights

1st - 2016 Tiszaujvaros ITU Triathlon World Cup, 2015 Sochi ETU Triathlon European Cup Final, 2013 RUS Triathlon National Championships.

2nd - 2015 RUS Triathlon National Championships, 2013 ITU Palamos World Cup.

3rd - 2014 ITU World Triathlon Cape Town, 2012 ITU World Triathlon Yokohama, 2011 ITU World Triathlon Yokohama, 2012 ITU World Triathlon Madrid, 2009 ITU World Triathlon Tongyeong, 2011 Pontevedra ETU Triathlon European Championships.

4th - 2015 Tongyeong ITU Triathlon World Cup, 2014 ITU World Triathlon Chicago, 2014 Tiszaujvaros ITU Triathlon World Cup, 2013 ITU World Triathlon Grand Final London, 2011 ITU World Triathlon Grand Final Beijing, 2010 ITU World Triathlon Sydney.

2 time ITU World Cup winner 2009 Tlszaujvaros, 2011 & 2012 Tongyeong. Has finished in the top-10 in WTS races 15 times since the series started in 2009.

## Notable

Has a daughter with Russian triathlete Anastasiya Yatsenko.

His younger brother Igor Polyanskiy is also an

elite triathlete.

Speaks Russian, English.



# ANDREAS SCHILLING (DEN)

Twitter: @andreasschil

Website: www.schilling-andersen.dk

Date of Birth: 25 May 1991

Place of Birth: Copenhagen, Denmark Residence: Fredericia, Denmark

Past Olympics Games 28th - Rio de Janeiro 2016

# ITU Highlights

2nd - 2016 New Plymouth ITU Triathlon

World Cup.

3rd - 2015 Tiszaujvaros ITU Triathlon World Cup. 4th - 2016 ITU World Triathlon Stockholm.

# Notable

Is a youth triathlon coach.



# **VICENTE HERNANDEZ (ESP)**

Twitter: @vicentehdezc

Website: www.vicentehernandeztri.com

Date of Birth: 20 April, 1991

Place of Birth: Santa Cruz de Tenerife, Spain

Residence: Madrid, Spain

Past Olympics Games 27th - Rio de Janeiro 2016

# ITU Highlights

2nd – 2016 Mooloolaba ITU Triathlon World Cup, 2013 Alicante ITU Triathlon World Cup. 3rd – 2015 Mooloolaba ITU Triathlon World Cup, 2014 Kitzbühel ETU Triathlon European

Championships.

4th – 2014 Tongyeong ITU Triathlon World Cup,

2015 ITU World Triathlon Gold Coast.

7th – 2016 ITU World Triathlon Gold Coast, 2015 ITU World Triathlon Edmonton, 2015 ITU

World Triathlon Stockholm.

8th - 2016 ITU World Triathlon Cape Town.

#### Notable

Started triathlon at the age of 18.

2010 Junior ETU Triathlon European Champion.



# **AARON ROYLE (AUS)**

Twitter: @ARoyle90 Website: <u>aaronroyle.com</u>

Date of Birth: 26 January 1990 Place of Birth: Newcastle, Australia Residence: Vitoria, Australia

# Past Olympics Games

9th - Rio de Janeiro 2016

#### ITU Highlights

Under23 2012 Barefoot & Thompson World Triathlon Grand Final Auckland Champion.

1st - 2014 Devonport OUT Triathlon Oceania Championships, 2014 AUS Triathlon National Championships, 2012 Kinloch ITU Sprint Triathlon Oceania Cup.

2nd – 2016 Gisborne OTU Triathlon Oceania Championships, 2015 Hamburg ITU Triathlon Mixed Relay World Championships 4X4 Mixed Relay, 2013 Wellington OTU Triathlon Oceania Championships, 2011 Wellington OTU Triathlon Oceania Championships.

3rd - 2016 ITU World Triathlon Leeds, 2015 ITU World Triathlon Stockholm, 2014 Glasgow Commonwealth Games-4xMixed Relays, 2014 ITU World Triathlon Auckland, 2012 Devonport OTU Triathlon Oceania Championships.

## Notable

Trains with the Wollongong Wizards.

His nickname is Bugsy.

His parents asked him to make a decision between swimming and running, so he decided to combine the two, and add cycling, by taking

up triathlon.



# RYAN SISSONS (NZL)

Twitter: @ryansissons Website: ryansissons.com

Date of Birth: 24 June 1988 Place of Birth: Zimbabwe

Residence: Auckland, New Zealand:

# Past Olympics Games

17th - Rio de Janeiro 2016 33rd - London 2012

# ITU Highlights

4th - 2016 New Plymouth ITU Triathlon World

Cup.

5th - 2013 ITU World Triathlon Kitzbuehel. 6th - 2015 ITU World Triathlon Stockholm. 2014 ITU World Triathlon Auckland, 2014 New

Plymouth ITU Triathlon World Cup.

7th - 2016 ITU World Triathlon Abu Dhabi. 9th - 2016 ITU World Triathlon Yokohama.

#### Notable

2013, 2015 New Zealand Triathlon National Champion.



# **JAVIER GOMEZ (ESP)**

Twitter: @Jgomeznoya Website: javiergomeznoya.com

Date of Birth: 25 March 1983 Place of Birth: Basel, Switzerland Residence: Pontevedra, Spain

# Past Olympics Games

2nd - London 2012 4th - Beijing 2008

## ITU Highlights

2008, 2010, 2013, 2014 & 2015 ITU World Champion.

2012 ITU World Champion runner-up.

1st - 2015 ITU World Triathlon Stockholm, 2015 Rio de Janeiro ITU World Olympic Qualification Event, 2015 ITU World Triathlon Yokohama, 2014 ITU World Triathlon Chicago, 2014 ITU World Triathlon Yokohama, 2014 ITU World Triathlon Cape Town, 2014 ITU World Triathlon Auckland, 2013 ITU World Triathlon Grand Final London, 2013 World Triathlon Auckland, 2013 Barcelona ETU Challenge Middle Distance Triathlon Championships, 2012 Barfoot & Thompson World Triathlon Grand Final, 2011 ITU World Triathlon Sydney, 2010 ITU World Triathlon Series Kitzbuehel, Budapest Grand Final, 2010 ITU World Triathlon Series Hamburg, 2010 ITU World Triathlon London.

2nd - 2015 ITU World Triathlon Grand Final Chicago, 2015 ITU World Triathlon Edmonton. 2015 ITU World Triathlon Hamburg, 2015 ITU World Triathlon Cape Town, 2015 ITU World Triathlon Auckland, 2014 New Plymouth ITU Triathlon World Cup, 2013 ITU World Triathlon Madrid, 2013 ITU World Triathlon Yokohama, 2013 ITU World Triathlon Stockholm. 2012 ITU World Triathlon Yokohama, 2012 ITU World Triathlon Stockhom, 2012 Dextro Energy World Triathlon Hamburg.

3rd - 2015 ITU World Triathlon Gold Coast, 2014 ITU World Triathlon Grand Final Edmonton.

2011 Elite Sprint Triathlon World Championships.

2007, 2009, 2012 ETU European Champion. 12 ITU World Cup wins (tied for 2nd all-time). 2003 ITU U23 World Champion.

#### Notable

Is the only five-time ITU World Champion.

He's one of the all-time triathlon greats.

A cardiac anomaly threatened his career early on before he was cleared by doctors in 2003 to keep competing.

Was the reigning ITU World Champion before the Beijing 2008 Olympic Games, and finished fourth.

Speaks Spanish, English and Galician.



#### **VINCENT LUIS (FRA)**

Twitter: @vincentluistri

Date of Birth: 27 June 1989 Place of Birth: Vesoul, France

#### Past Olympics Games 7th - Rio de Janeiro 2016 11th - London 2012



#### RICHARD VARGA (SVK)

Twitter: @varga\_triathlon

Date of Birth: 28 January 1989 Place of Birth: Bratislava, Slovakia Residence: Leeds, England

Past Olympics Games 11th - Rio de Janeiro 2016 22nd - London 2012

#### ITU Highlights

2015 second runner-up overall in World Triathlon Series.

1st - 2015 ITU World Triathlon Hamburg, 2015 Hamburg ITU Triathlon Mixed Relay World Championships 2013 FRA Triathlon National Championships, 2011 Quarteira ITU European Cup, 2010 Geneva ITU Triathlon European Cup, 2008 Athlone ITU Triathlon European Cup, 2008 Vancouver BG Triathlon World Championships-Junior Men, 2008 Lisbon ETU Triathlon European Championships-Junior Men.

2nd - 2015 FRA Triathlon National Championships, 2015 Rio de Janeiro ITU World Olympic Qualification Event, 2015 ITU World Triathlon Abu Dhabi, 2014 Hamburg ITU Triathlon Mixed Relay World Championships, 2014 ITU World Triathlon Hamburg, 2012 Stockholm ITU Triathlon Mixed Relay World Championships-4xMixed Relays.

3rd - 2015 ITU World Triathlon London, 2015 ITU World Triathlon Cape Town, 2014 FRA Sprint Triathlon National Championships, 2012 ITU World Triathlon Stockholm, 2011 Agadir ITU Triathlon African Cup, 2011 Brasschaat ITU Triathlon Premium European Cup, 2010 Tongyeong ITU Triathlon World Cup.

4th - 2015 ITU World Triathlon Edmonton.

#### ITU Highlights

1st – 2015 Chicago ITU Aquathlon World Championships, 2013 London ITU Aquathlon World Championships, 2012 Auckland ITU Aquathlon World Championships, 2010 Budapest ITU Aquathlon World Championships.

2nd - 2016 Cozumel ITU Aquathlon World Championships.

4th - 2015 Geneva ETU Triathlon European Championships.

5th - 2015 Baku European Games.

#### Notable

Has broken every national age group swimming record.

Trains with the Brownlee brothers in Leeds, England.

4-time Aquathlon World Champion.

Is one of the fastest swimmers on the circuit.



# 2016 REVIEW

## **ABU DHABI**

The 2016 season kicked off once again in Abu Dhabi, where in 2015, it debuted with the Capital of the United Arab Emirates playing host as the first city in the Middle East to host a race in the history of ITU. Picking up from where he left off after claiming the 2015 Chicago Grand Final race, Mario Mola (ESP) opened up his season by winning his second Abu Dhabi title. While in the women's field, Great Britain's Jodie Stimpson returned to the top of the WTS podium for the first time since 2014. The day also had an emotional start when the elites laid flowers in tribute of their beloved passed triathlete Laurent Vidal.

## **GOLD COAST**

In the second stop of the Series. Gold Coast became a monumental race in the 2016 season. The women's race was historical after seeing Great Britain's Helen Jenkins claim her first WTS victory since 2012, which also won her the final spot on the British women's Olympic team. While on the men's side, keeping his undefeated 2016 streak alive, Spaniard Mario Mola executed a brilliant finishing run to win his second WTS crown of the season.

## **CAPE TOWN**

For the third consecutive year, the Discovery World Triathlon Cape Town event was captured by a British woman, as Non Stanford opened up her 2016 season with a victory. Showcasing her power in the final kilometre of the run, Stanford signaled the start of her competition year by collecting gold and seizing the first sprint-distance WTS title of the season. Then it was a day of firsts in the elite men's race, as Spaniard Fernando Alarza earned his first-ever career WTS title and thus solidified his spot on the Spanish Olympic team.

## YOKOHAMA

As the fourth stop on the WTS tour, Yokohama was a huge race that offered the final Olympic qualification points, which meant that a lot of national teams would be using Yokohama as the deciding factor of who would be competing in Rio de Janeiro. Spain's Mario Mola seized his first-career Yokohama title, which tallied to his third gold medal of the season. In the women's race USA's Gwen Jorgensen returned to the top of the podium as she won her first WTS race of the year.

### **LEEDS**

As the halfway point in the Series, the inaugural race in Leeds provided an event filled with as much excitement as there was talent. Making sure not to disappoint their hometown, the Brownlee brothers took the gold and silver in dominating performances. On the women's side, USA's Gwen Jorgensen collected her second consecutive WTS win of the season and became the first woman to grab a Leeds title.



# **STOCKHOLM**

After an impressive performance that saw her race on her own in both the bike and run legs, Bermuda's Flora Duffy finally captured her first-ever World Triathlon Series title at the 2016 Vattenfall World Triathlon Stockholm. On the men's side, after executing yet another phenomenal run, Great Britain's Alistair Brownlee recaptured the Stockholm title. First earning the crown in 2013, his winning performance meant that the Stockholm gold would return back to the Brownlee name as it had now been claimed by Alistair or younger brother Jonathan Brownlee four out of the five years.

### **HAMBURG**

Hamburg served as the final WTS race before the Rio de Janeiro Olympics. So taking on one of the most popular and anticipated World Triathlon Series races of the year, USA's Katie Zaferes dominated the sprint distance course and claimed her first-career WTS. The men left it all down to the finish chute in a flurry of activity that saw Mario Mola return to the top of the Columbia Threadneedle Rankings after he won in Hamburg and brought his count of WTS victories up to four, a personal best for the Spaniard.

# **EDMONTON**

In the first post-Olympic race, the chase for the World title became more intense. So in the first race after Rio, two-time Olympic medallist Jonathan Brownlee returned to the top of the ITU World Triathlon Series podium for the first time in more than a year when he won the World Triathlon Edmonton over a sprint distance course. And in the women's race it was the third time in history, that the US women completed a clean sweep of the ITU World Triathlon Series podium when Summer Cook, Sarah True & Katie Zaferes went 1-2-3 at Edmonton. It was the first time Cook made it to the WTS podium, which she did with a smoking & strategic run.

# **COZUMEL**

Spain added another name to their list of world champions after Mario Mola's fifth place finish in the ITU World Triathlon Grand Final Cozumel saw him win the 2016 ITU World Championship title in a dramatic finish by just four points. Earning the gold for the race was South Africa's Henri Schoeman, his career first WTS win. The win came in the final 500m, as Schoeman bypassed Jonathan Brownlee (GBR), who struggled to finish the race when he faltered from heat stroke. Bermuda's Flora Duffy floored it on the bike in hot and humid conditions in Cozumel, winning the race and securing her place in history as the 2016 ITU World Triathlon Series Champion. The world title was the first WTS crown Duffy had scored, as well as the first time Bermuda had topped the World Championship podium.



# **2016 COLUMBIA THREADNEEDLE RANKINGS**

#### **TOP 15 MEN**

17

19

20

Andreas

Vicente

Aaron

Ryan

PUS	FIRST NAME	LASI NAME	CUUNIKY	PUINIS
1	Mario	Mola	ESP	4819
2	Jonathan	Brownlee	GBR	4815
3	Fernando	Alarza	ESP	4087
4	Henri	Schoeman	RSA	3160
5	Richard	Murray	RSA	2975
6	Ryan	Bailie	AUS	2893
7	Crisanto	Grajales	MEX	2822
8	Pierre	Le Corre	FRA	2810
9	Adam	Bowden	GBR	2700
10	Alistair	Brownlee	GBR	2679
11	Kristian	Blummenfelt	NOR	2407
12	Joao	Pereira	POR	2339
13	Jacob	Birtwhistle	AUS	2227
14	Aurelien	Raphael	FRA	2094
15	Tyler	Mislawchuk	CAN	1952
16	Dmitry	Polyanskiy	RUS	1946

DEN

**ESP** 

AUS

NZL

1893

1884

1870

1820

## **TOP 15 WOMEN**

POS	FIRST NAME	LAST NAME	COUNTRY	POINTS
1	Flora	Duffy	BER	4691
2	Gwen	Jorgensen	USA	4435
3	Ai	Ueda	JPN	3616
4	Katie	Zaferes	USA	3437
5	Helen	Jenkins	GBR	3410
6	Andrea	Hewitt	NZL	3223
7	Jodie	Stimpson	GBR	3145
8	Charlotte	McShane	AUS	3095
9	Sarah	True	USA	2855
10	Ashleigh	Gentle	AUS	2825
11	Rachel	Klamer	NED	2675
12	Vendula	Frintova	CZE	2513
13	Vicky	Holland	GBR	2446
14	Non	Stanford	GBR	2425
15	Kirsten	Kasper	USA	2346
16	Mari	Rabie	RSA	2135
17	Anastasia	Abrosimova	RUS	1812
18	Renee	Tomlin	USA	1771
19	Summer	Cook	USA	1668
20	Emma	Moffatt	AUS	1647

For up-to-date rankings, click HERE

Schilling Hernandez

Royle

Sissons

# **PAST WORLD CHAMPIONS**



# **ELITE**

YEAR	HOST	MEN	WOMEN
2016	Cozumel, MEX	Mario Mola (ESP)	Flora Duffy (BER)
2015	Chicago, USA	Javier Gomez (ESP)	Gwen Jorgensen (USA)
2014	Edmonton, CAN	Javier Gomez (ESP)	Gwen Jorgensen (USA)
2013	London, ENG	Javier Gomez (ESP)	Non Stanford (ENG)
2012	Auckland, NZL	Jonathan Brownlee (GBR)	Lisa Norden (SWE)
2011	Beijing, CHN	Alistair Brownlee (GBR)	Helen Jenkins (GBR)
2010	Budapest, HUN	Javier Gomez (ESP)	Emma Moffatt (AUS)
2009	Gold Coast, AUS	Alistair Brownlee (GBR)	Emma Moffatt (AUS)
2008	Vancouver, CAN	Javier Gomez (ESP)	Helen Tucker (GBR)
2007	Hamburg, GER	Daniel Unger (GER)	Vanessa Fernandes (POR)
2006	Lausanne, SUI	Tim Don (GBR)	Emma Snowsill (AUS)
2005	Gamagori, JPN	Peter Robertson (AUS)	Emma Snowsill (AUS)
2004	Madeira, POR	Bevan Docherty (NZL)	Sheila Taormina (USA)
2003	Queenstown, NZL	Peter Robertson (AUS)	Emma Snowsill (AUS)
2002	Cancun, MEX	Ivan Rana (ESP)	Leanda Cave (GBR)
2001	Edmonton, CAN	Peter Robertson (AUS)	Siri Lindley (USA)
2000	Perth, AUS	Olivier Marceau (FRA)	Nicole Hackett (AUS)
1999	Montreal, CAN	Dmitriy Gaag (KAZ)	Loretta Harrop (AUS)
1998	Lausanne, SUI	Simon Lessing (GBR)	Joanne King (AUS)
1997	Perth, AUS	Chris McCormack (AUS)	Emma Carney (AUS)
1996	Cleveland, USA	Simon Lessing (GBR)	Jackie Gallagher (AUS)
1995	Cancun, MEX	Simon Lessing (GBR)	Karen Smyers (USA)
1994	Wellington, NZL	Spencer Smith (GBR)	Emma Carney (AUS)
1993	Manchester, GBR	Spencer Smith (GBR)	Michellie Jones (AUS)
1992	Muskoka, CAN	Simon Lessing (GBR)	Michellie Jones (AUS)
1991	Queensland, AUS	Miles Stewart (AUS)	Joanne Ritchie (CAN)
1990	Orlando, USA	Greg Welch (AUS)	Karen Smyers (USA)
1989	Avignon, FRA	Mark Allen (USA)	Erin Baker (NZL)



# **U23**

YEAR	HOST	MEN
2016	Cozumel, MEX	Jorik Van Egdom (NED)
2015	Chicago, USA	Jake Birtwhistle (AUS)
2014	Edmonton, CAN	Dorian Coninx (FRA)
2013	London, ENG	Pierre LeCorre (FRA)
2012	Auckland, NZL	Aaron Royle (AUS)
2011	Beijing, CHN	Matthew Sharp (GBR)
2010	Budapest, HUN	Jonathan Brownlee (GBR)
2009	Gold Coast, AUS	Franz Loeschke (GER)
2008	Vancouver, CAN	Alistair Brownlee (GBR)
2007	Hamburg, GER	Gregor Buchholz (GER)
2006	Lausanne, SUI	Will Clarke (GBR)
2005	Gamagori, JPN	Jarrod Shoemaker (USA)
2004	Madeira, POR	Sebastian Dehmer (GER)
2003	Queenstown, NZL	Javier Gomez (ESP)
2002	Cancun, MEX	Brad Kahlefeldt (AUS)

### **WOMEN**

Laura Lindemann (GER) Audrey Merle (FRA) Sophia Saller (GER) Charlotte McShane (AUS) Non Stanford (GBR) Agnieszka Jerzyk (POL) Emma Jackson (AUS) Hollie Avil (GBR) Daniela Ryf (SUI) Lisa Norden (SWE) Erin Densham (AUS) Andrea Hewitt (NZL) Annabel Luxford (AUS) Nikki Egyed (AUS) Pilar Hidalgo (ESP)

# **JUNIORS**

YEAR	HOST	MEN	WOMEN
2016	Cozumel, MEX	Austin Hindman (USA)	Taylor Knibb (USA)
2015	Chicago, USA	Manoel Messias (BRA)	Laura Lindemann (GER)
2014	Edmonton, CAN	Raphael Montoya (FRA)	Laura Lindemann (GER)
2013	London, ENG	Dorian Coninx (FRA)	Tamara Gorman (USA)
2012	Auckland, NZL	Wian Sullwald (RSA)	Fumika Matsumoto (JPN)
2011	Beijing, CHN	Lukas Verzbicas (USA)	Mikayla Nielsen (NZL)
2010	Budapest, HUN	Fernando Alarza (ESP)	Ashleigh Gentle (AUS)
2009	Gold Coast, AUS	Mario Mola (ESP)	Emmie Charayron (FRA)
2008	Vancouver, CAN	Vincent Luis (FRA)	Kirsty McWilliam (GBR)
2007	Hamburg, GER	Aurelien Raphael (FRA)	Hollie Avil (GBR)
2006	Lausanne, SUI	Alistair Brownlee (GBR)	Kirsten Sweetland (CAN)
2005	Gamagori, JPN	Steve Duplinsky (USA)	Anais Moniz (POR)
2004	Madeira, POR	Valentin Meshcheryakov (RUS)	Juliette Benedicto (FRA)
വവാ	Ouganatawa NZI	Terenzo Bozzone (NZL)	Foliaity Abram (ALIC)
2003	Queenstown, NZL	TELETIZO DOZZONE (INZL)	Felicity Abram (AUS)
2003	Cancun, MEX	Terenzo Bozzone (NZL)	Marion Lorblanchet (FRA)
			•
2002	Cancun, MEX	Terenzo Bozzone (NZL)	Marion Lorblanchet (FRA)
2002 2001	Cancun, MEX Edmonton, CAN	Terenzo Bozzone (NZL) Sebastian Dehmer (GER)	Marion Lorblanchet (FRA) Nicola Spirig (SUI)
2002 2001 2000	Cancun, MEX Edmonton, CAN Perth, AUS	Terenzo Bozzone (NZL) Sebastian Dehmer (GER) Frederic Belaubre (FRA)	Marion Lorblanchet (FRA) Nicola Spirig (SUI) Anneliese Heard (GBR)
2002 2001 2000 1999	Cancun, MEX Edmonton, CAN Perth, AUS Montreal, CAN	Terenzo Bozzone (NZL) Sebastian Dehmer (GER) Frederic Belaubre (FRA) Courtney Atkinson (AUS)	Marion Lorblanchet (FRA) Nicola Spirig (SUI) Anneliese Heard (GBR) Anneliese Heard (GBR)
2002 2001 2000 1999 1998	Cancun, MEX Edmonton, CAN Perth, AUS Montreal, CAN Lausanne, SUI	Terenzo Bozzone (NZL) Sebastian Dehmer (GER) Frederic Belaubre (FRA) Courtney Atkinson (AUS) Tim Don (GBR)	Marion Lorblanchet (FRA) Nicola Spirig (SUI) Anneliese Heard (GBR) Anneliese Heard (GBR) Nicole Hackett (AUS)
2002 2001 2000 1999 1998 1997	Cancun, MEX Edmonton, CAN Perth, AUS Montreal, CAN Lausanne, SUI Perth, AUS	Terenzo Bozzone (NZL) Sebastian Dehmer (GER) Frederic Belaubre (FRA) Courtney Atkinson (AUS) Tim Don (GBR) Andriy Glushchenko (UKR)	Marion Lorblanchet (FRA) Nicola Spirig (SUI) Anneliese Heard (GBR) Anneliese Heard (GBR) Nicole Hackett (AUS) Nicole Hackett (AUS)
2002 2001 2000 1999 1998 1997 1996	Cancun, MEX Edmonton, CAN Perth, AUS Montreal, CAN Lausanne, SUI Perth, AUS Cleveland, USA	Terenzo Bozzone (NZL) Sebastian Dehmer (GER) Frederic Belaubre (FRA) Courtney Atkinson (AUS) Tim Don (GBR) Andriy Glushchenko (UKR) Sebastien Berlier (FRA)	Marion Lorblanchet (FRA) Nicola Spirig (SUI) Anneliese Heard (GBR) Anneliese Heard (GBR) Nicole Hackett (AUS) Nicole Hackett (AUS) Joanne King (AUS)
2002 2001 2000 1999 1998 1997 1996 1995	Cancun, MEX Edmonton, CAN Perth, AUS Montreal, CAN Lausanne, SUI Perth, AUS Cleveland, USA Cancun, MEX	Terenzo Bozzone (NZL) Sebastian Dehmer (GER) Frederic Belaubre (FRA) Courtney Atkinson (AUS) Tim Don (GBR) Andriy Glushchenko (UKR) Sebastien Berlier (FRA) Chris Hill (AUS)	Marion Lorblanchet (FRA) Nicola Spirig (SUI) Anneliese Heard (GBR) Anneliese Heard (GBR) Nicole Hackett (AUS) Nicole Hackett (AUS) Joanne King (AUS) Marie Overbye (DEN)
2002 2001 2000 1999 1998 1997 1996 1995	Cancun, MEX Edmonton, CAN Perth, AUS Montreal, CAN Lausanne, SUI Perth, AUS Cleveland, USA Cancun, MEX Wellington, NZL	Terenzo Bozzone (NZL) Sebastian Dehmer (GER) Frederic Belaubre (FRA) Courtney Atkinson (AUS) Tim Don (GBR) Andriy Glushchenko (UKR) Sebastien Berlier (FRA) Chris Hill (AUS) Ben Bright (AUS)	Marion Lorblanchet (FRA) Nicola Spirig (SUI) Anneliese Heard (GBR) Anneliese Heard (GBR) Nicole Hackett (AUS) Nicole Hackett (AUS) Joanne King (AUS) Marie Overbye (DEN) Clare Carney (AUS)
2002 2001 2000 1999 1998 1997 1996 1995 1994 1993	Cancun, MEX Edmonton, CAN Perth, AUS Montreal, CAN Lausanne, SUI Perth, AUS Cleveland, USA Cancun, MEX Wellington, NZL Manchester, GBR	Terenzo Bozzone (NZL) Sebastian Dehmer (GER) Frederic Belaubre (FRA) Courtney Atkinson (AUS) Tim Don (GBR) Andriy Glushchenko (UKR) Sebastien Berlier (FRA) Chris Hill (AUS) Ben Bright (AUS) Olivier Hufschmid (SUI)	Marion Lorblanchet (FRA) Nicola Spirig (SUI) Anneliese Heard (GBR) Anneliese Heard (GBR) Nicole Hackett (AUS) Nicole Hackett (AUS) Joanne King (AUS) Marie Overbye (DEN) Clare Carney (AUS) Sarah Harrow (NZL)





# ITU PROPERTIES

#### ITU WORLD CUP CIRCUIT

The first ever ITU Triathlon World Cup was held in St. Croix, U.S. Virgin Islands. The distance was 2km swim, 50km bike and 12km run. Carol Montgomery (CAN) won the women's event while Mike Pigg (USA) won the men's race. From 1991 until 2009, the circuit was ITU's premier competition series. During this time, athletes were named World Champions in a one-day event, as opposed to over the course of the season as is the current fashion with the World Triathlon Series.

The race series continues today, serving as a stepping stone for athletes looking to improve their speed and skills en route to ITU's most competitive league - the World Triathlon Series.

#### **MIXED RELAY**

ITU's Triathlon Mixed Relay format consists of teams of four, comprised of two men and two women. Each athlete completes a mini triathlon of swimming, cycling and running, before tagging their team mate. Races last between an hour and ninety minutes depending on the course layout and are very explosive and exciting to watch.

Des Moines, Iowa hosted the first official Mixed Relay World Championships in 2009. Switzerland was crowned the inaugural Mixed Relay World Champions. The World Championship event has been held every year since with stops in Sweden, Switzerland and Hamburg. This year, Hamburg will again host the Mixed Team Relay World Championships for the fourth consecutive year.

#### **DUATHLON**

The 2013 Duathlon World Championships marked the 24th time the two-sport discipline has been contested on the ITU schedule. Starting with a 10km run, then 40km bike and finished off with another 5km run, the event is not for the faint of feet. The first World Championships was held in 1990 in Cathedral City, USA. Since then, the race has been held every year, with the USA hosting the race on six occasions.

#### **LONG DISTANCE DUATHLON**

In recent years, Zofingen has become synonymous with long distance duathlon, as the Swiss city has hosted the World Championships a sensational seven times. Held over a 10km run, 150km bike, 30km run, the long distance duathlon is one of toughest events ITU offers up.

The World Championship race made its debut on the ITU schedule in the Swiss town in 1997 and returned in 1998. The event saw a slight pause in competition in 2009 and 2010, but has remained a constant on the seasonal schedule every year since.

#### **LONG DISTANCE TRIATHLON**

Long distance triathlon is an incredibly important part of ITU, as it is a grueling test of mental and physical endurance contested over a 4km swim, 120km bike and a 30km run. The 2013 season marked the 20th season of Long Distance Triathlon World Championship races. Started in 1994 in Nice, France, France's Isabelle Mouthon-Michellys and Rob Barel of the Netherlands won the first-ever titles.

#### AQUATHLON

When the Aquathlon World Championships were first held in 1998, it provided the opportunity for athletes who only swam and ran to join the multisport world. Without the need for a bike, the 2.5km run, 1km swim, 2.5km run opened up the triathlon community to a whole new discipline. Typically, the Aquathlon World Championship races are held alongside the ITU Triathlon World Championships.

#### **CROSS TRIATHLON**

Cross Triathlon is the ITU's newest multisport. The discipline first emerged in 1996 on the island of Maui, when mountain biking and triathlon met in a bold new racing format that consisted of an ocean swim, a mountain bike race and a trail run. Today, a typical cross triathlon comprises of 1.5km swim in open water, lake or river, 30km mountain bike on off-road trails and a 10km trail run on a variety of surfaces.

The inaugural ITU Cross Triathlon World Championships were held in 2011 in Extremadura, Spain with South Africa's Conrad Stoltz and Melanie McQuaid from Canada crowned the very first World Champions across a 1km swim, 20km mountain bike and 6km cross-country run. Extremadura was deemed a huge success with over 400 athletes competing across the Elite, Junior, age-group and paratriathlon categories in the swim, mountain bike and cross-country run discipline.

#### WINTER TRIATHLON

The first ITU Winter Triathlon World Championships were first held in Mals, Italy, in 1997 and it was two Italians, Paola Riva and Maria Canins, who claimed the first world across the run, mountain bike and cross-country ski discipline – all on snow.

# ITU PARATRIATHLON

ITU has supported the development of Paratriathlon for nearly two decades. But it wasn't until 2004 that the first stand-alone Paratriathlon World Championships was held as a part of the Madeira ITU World Championships. France dominated the event, with Jose Rodrigues heading up a first to seventh place sweep in the men's race. The women's race belonged to Canada with Chantal Denholm and Lorene Hatelt sweeping the podium. Then called men's and women's AWAD races, all athletes competed in just one large category.

The sport was officially accepted into the Paralympic Games at the IPC Governing Board meeting in Guangzhou, China in December 2010 and made its Paralympic Games debut in Rio 2016.

Following the announcement that Paratriathlon had been accepted in the Paralympics, the sport saw massive growth. The 2013 London World Championships saw the biggest field of paratriathletes ever, with more than 200 athletes from 26 nations.

This year, ITU will feature new paratriathlon classifications, as well as debut the ITU World Paratriathlon Series, which will include stops in Gold Coast, Yokohama, Edmonton and Rotterdam.







# FAQ

#### **HOW CAN ATHLETES QUALIFY TO COMPETE IN THE SERIES?**

National Federations (NF) will enter athletes and the start list will based on the current athlete's ranking. Each NF will be allowed a maximum of six athletes with the host NF given a maximum of eight spots. A maximum of 65 men and 65 women will make up the Elite category with up to 75 men and 75 women in the Grand Final.

#### **HOW DO ATHLETES QUALIFY FOR THE GRAND FINAL?**

Athletes qualify through a detailed qualification process, which takes into account his or her world championship ranking, ITU points standing and respective continental championships.

### WILL THERE BE INVITATIONS FOR "NEW FLAG" AND/OR "SPORT DEVELOPMENT" ATHLETES?

Spots at the start line will continue to be reserved for athletes from developing countries who have proven ability to compete at this level.

#### HOW CAN THE PUBLIC FOLLOW THEIR FAVOURITE ATHLETES?

The public may keep track of all their favourite triathletes at www.triathlon.org where all athlete bios, current rankings and event times may be found, and can watch races live with a subscription through www.triathlonlive.tv

#### **HOW DOES ITU IMPLEMENT ANTI-DOPING STRATEGIES?**

The ITU has accepted the World Anti-Doping Agency's (WADA) Code to help keep the sport of triathlon clean; the ITU Anti-Doping Rules are in compliance with the World Anti-Doping Code. Please visit www.triathlon.org/about/anti-doping for more information.

# **GLOSSARY**



#### **OLYMPIC DISTANCE TRIATHLON**

1.5km swim, 40km bike, 10km run

#### **SPRINT-DISTANCE TRIATHLON**

750m swim, 20km bike, 5km run

#### **ELITE TRIATHLETE**

A professional triathlete who competes at an international level.

#### AGE-GROUP TRIATHLETE

A non-professional (i.e. amateur) triathlete who competes against other athletes within their five-year age bracket (e.g. 25-29, 30-34, etc.).

#### **BRICK WORKOUT**

A combination workout during which an athlete completes a swim and bike or bike and run back-to-back.

### **DNF**

"Did not finish"

#### DNS

"Did not start"

Transition 1: The change from swim to bike.

Transition 2: The change from bike to run.

#### **DRAFTING**

All ITU World Triathlon Series and ITU World Cup events are draft legal on the bike, allowing athletes to follow directly behind the rider in front of him or her in order to save energy.

#### **SPLIT TIME**

An athlete's time for one segment of the race (swim, bike or run).

#### LAP TIME

An athlete's time for a single swim, bike or run lap.

#### **PENALTY BOX**

An athlete may be given a 15-second penalty in the Penalty Box if assessed by a Technical Official to have unintentionally infringed the rules - for example, failure to properly place one's helmet in the designated box after T2. The Penalty Box only appears in the run segment.



**WEBSITE ITU I** WTS.TRIATHLON.ORG **MEDIA CENTRE I MEDIA.TRIATHLON.ORG**